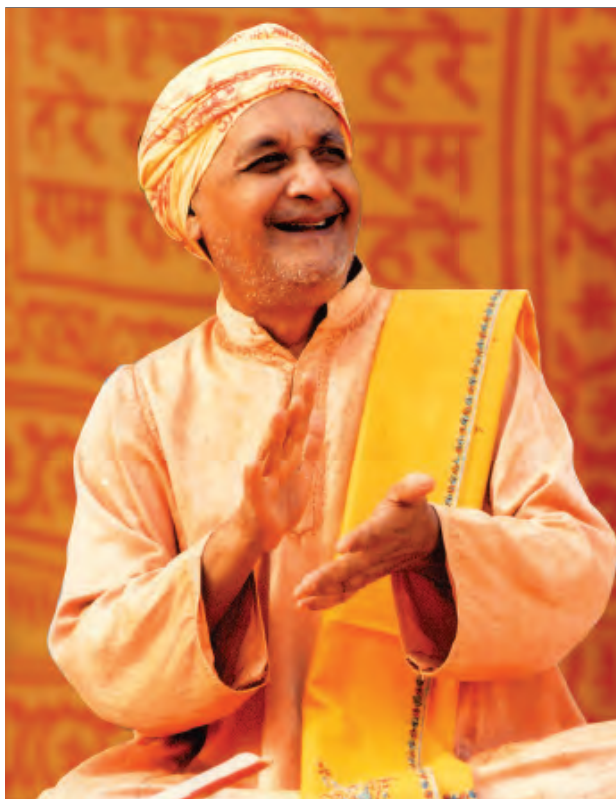


2013 Golden Jubilee edition

BIHAR YOGA®

# Siddha Prarthana

Garland of Sacred Songs and Prayers



Yoga Publications Trust, Munger, Bihar, India

## Siddha Prarthana



1963–2013  
GOLDEN JUBILEE

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Garland of Sacred Songs and Prayers



Yoga Publications Trust, Munger, Bihar, India

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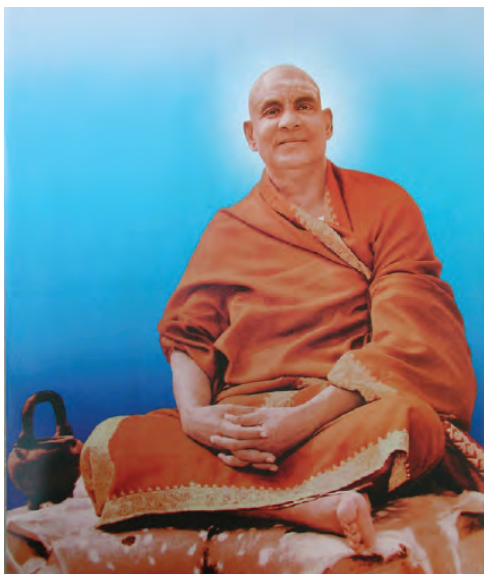
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## Dedication

*In humility we offer this dedication to  
Swami Sivananda Saraswati, who initiated  
Swami Satyananda Saraswati into the secrets of yoga.*



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# Sankirtan and Prayer

*Swami Sivananda Saraswati*

There is a mysterious power in the name of the Lord. Man cannot live on bread alone but he can live on the name of the Lord. Shakespeare says, “The man who hath no music in himself nor is moved by the concord of sweet sounds is fit for treason, strategem and spoils. The motions of his spirit are dull as night, his affections dark as Erebus. Let no such man be trusted. Mark the music.”

The mind is purified by constant sankirtan. It is filled with good and pure thoughts. Daily sankirtan strengthens the good samskaras. The mind of a person who trains himself in thinking good, holy thoughts develops a tendency to think of good thoughts. The character is moulded and transformed by continuous good thoughts. When the mind thinks of the image of God during sankirtan, the mental substance actually transforms into the form of God. One who entertains thoughts of divinity becomes transformed into divinity itself. The bhava and disposition are purified and divinized. The meditator and the meditated, the worshipper and the worshipped, the thinker and the thought, become one. This is samadhi. This is the fruit of sankirtan or upasana.

One who does sankirtan forgets the body and the world. Sankirtan removes *dehadhyasa* (identification with the body). It brings superintuitional knowledge.

Sankirtan brings darshan of God or attainment of divine consciousness in the Kali yuga. Sankirtan develops love. Sankirtan is the easiest, surest, safest, quickest way to attain God-consciousness.

The repeated singing of the name of the Lord gradually builds up forms of the devatas or special manifestations of the deity whom you seek to worship. This serves as a focus to bring down the benign influence of the Being which, radiating from the centre, penetrates the worshipper or the kirtan singer.

The harmonious vibrations produced by the singing of the names of the Lord help the devotees to control their minds easily. They elevate the mind at once from its old ruts or grooves to magnanimous heights of divine splendour and glory. The name of God is as good as God himself. God is chaitanya and so is his name.

Akhandanda kirtan is a very effective spiritual sadhana. There is eradication of all negative vrittis during this period. The mind can be easily controlled by akhandanda kirtan. The wandering habit of the mind towards sensual objects can be easily checked. By the practice of akhandanda kirtan, the mind has neither time nor opportunity to think of sensual objects. Akhandanda kirtan is a potent and easy means of capturing the mind. The mind is filled with sattwa. There is supreme peace and joy in akhandanda kirtan. It purifies the heart quickly. It produces high purity of mind and other incalculable benefits.

When you do kirtan, place the image of the Lord – Krishna, Hari or Rama – in your heart and fix the mind on the image. Close your eyes. Lord Hari is immensely pleased when one sings His name.

At the end of Dwapara yuga, Sage Narada went to the creator, Brahma, and wanted to know the easiest means of crossing the ocean of samsara in the Kali age. Brahma replied that by repetition of the Mahamantra consisting of sixteen names – Hare Rama Hare Rama, Rama Rama Hare Hare; Hare Krishna Hare Krishna, Krishna Krishna Hare Hare – one can easily cross over the samsara. These names destroy the *avarana* (veil of ignorance), which produces the sense of individuality of the jiva, surrounded by the sixteen *kalas* (rays). Then, like the sphere of the sun which shines brilliantly after the clouds disperse, Parabrahman alone shines. No rules are to be observed in the repetition of these names. Brahma also said, “Whosoever, in a pure or impure state, utters these always attains the same world as, or proximity to, or the same form of, or absorption into Brahman. He is at once released from all bondage.”

Prayer is the beginning of yoga. Prayer is the first important *anga* (limb) of yoga. Preliminary spiritual sadhana or practice is prayer. Pray to God for purity, devotion, light and knowledge. You will get these things. Prayer can move mountains. Prayer can work miracles. Say even once from the bottom of your heart: “O Lord, I am yours. Your will be done. Have mercy on me. I am your servant. Forgive. Guide. Protect. Enlighten. Trahi. Prachodayat.”

Pray in any way you like. Become as simple as a child. Open freely the chambers of your heart. Have no cunning or crookedness. You will get everything. Pray fervently right now, from this very second. Do not delay. Tomorrow will never come.





# Guru



## Deva-Deva Sivananda

Deva-deva sivananda dinabandho paahi maam  
Chandra-vadana mandahaasa prema-rupa raksha maam  
Madhura-gita-gaana-lola gyaana-rupa paahi maam  
Samasta-loka-pujaniya mohanaanga raksha maam

Divya-gangaa-tira-vaasa daana-shila paahi maam  
Paapa-harana punya-shila parama-purusha raksha maam  
Bhakta-loka-hridaya-vaasa svaaminaatha paahi maam  
Chitsvarupa chidaananda sivananda raksha maam

## Sadguru Vandanaa

Bhavaasaagara taarana kaarana he,  
Ravinandana bandhana khandana he.  
Sharanaagata kinkara bheeta mane,  
Gurudeva, dayaa kara dina jane.

Hridi kandara taamasa bhaaskara he,  
Tuma vishnu prajaapati shankara he.  
Parabrahma paraatpara veda bhane,  
Gurudeva, dayaa kara dina jane.

Mana-vaarana kaarana ankusha he,  
Nara traana kare hari chaakshusha he.  
Gunagaana paraayana devagane,  
Gurudeva, dayaa kara dina jane.

Kula-kundalini tuma bhanjaka he,  
Hridi-granthi vidaarana kaarana he.  
Mahimaa tava gochara shuddha mane,  
Gurudeva, dayaa kara dina jane.

Abhimaana prabhaava vimardaka he,  
Ati dina jane tuma rakshaka he.  
Mana kampita vanchita bhakti dhane,  
Gurudeva, dayaa kara dina jane.

Ripusudana mangala naayaka he,  
Sukha shaanti varaabhaya daayaka he.  
Traya taapa hare tava naama guni,  
Gurudeva, dayaa kara dina jane.

Tava naama sadaa sukha saadhaka he,  
Patitaadhama maanava paavaka he.  
Mama maanasa chanchala raatri-dine,  
Gurudeva, dayaa kara dina jane.

Jaya sadguru! Ishvara praapaka he!  
Bhava-roga-vikaara vinaashaka he!  
Mana lina rahe tava sri charane,  
Gurudeva, dayaa kara dina jane.

## Guruvara Tumhin Bataa Do

*Guruvara tumhin bataa do, kisaki sharana mei jaaen,  
Kisake charana pe girakara, apani vyathaa sunaaen.  
Guruvara tumhin bataa do . . .*

1. Agyaana ke timira ne chaaron tarapha se gheraa,  
Kyaa raata hai pralaya ki, hogaa nahi saberaa,  
Patha aura prakaasha dono,  
chalane ki shakti paeen.  
*Guruvara tumhin bataa do . . .*
2. Kuvrittiyon ne hamako gheraa kadama-kadama para,  
Kabhi maaraa kaama bankara,  
kabhi lutaa krodha bankara,  
Ina daanavon se kaise, apana galaa chhuraaen.  
*Guruvara tumhin bataa do . . .*
3. Jivana ke devataa kaa karate rahe niraadara,  
Kaise karen samarpita, jivana ki jirna chaadara,  
Yaha paapa ki gathariyaa kaho kisa taraha dikhaaen.  
*Guruvara tumhin bataa do . . .*
4. Maanaa kaputa hai hama, kyaa rushta raha sakoge  
Muskaana pyaara amrita, kyaa de nahi sakoge  
Daataa tumhaare dara se, jaaen to kidhara jaaen.  
*Guruvara tumhin bataa do . . .*

## Guru Praarthanaa



Hai praarthanaa gurudeva se,  
yaha dharmamaya samsaara ho  
Ati uchchatama jivana bane,  
paramaarthamaya vyavahaara ho

Naa ham rahe apane liye,  
hamako sabhi se garja hai  
Gurudeva ye aashisha dei,  
jo sochane kaa pharja hai

Ham hon pujaari tatva ke,  
gurudeva ke aadesha ke  
Sacha prema ke, nita nema ke,  
saddharma ke, satkarma ke

Ho chirha jhuthi raaha ki, anyaaya ki,  
abhimaana ki  
Sevaa karana ko daasa ki,  
paravaaha nahi ho jaana ki

Chhote na hon hama buddhi se, hove  
samartha ishamaya  
Ho raamamaya aura krishnamaya,  
jagadevamaya jagadishamaya

Hara indriyon kaa taaba kara,  
hama vira hon atidhira hon  
Ujjvala rahe sara se sadaa, nija  
dharmarata hama vira hon

Atishuddha hon aachaara se,  
tanamana hamaaraa dharma kaa  
Aadhyaatma ki shakti hame,  
pala bhi nahi kara de judaa

Isa amara aatmaa kaa hame,  
hara shvaasa bhara mei gama rahe  
Gara mauta bhi ye aagai,  
sukha-dukhka hama se sama rahe

*He gurudeva,  
Ham sabako sadbuddhi dei,  
kartavya karane ki sadbuddhi dei,  
Sacha bolane kaa dhyasa dei,  
satsvarupa kaa gyaana dei*

## Guru Hamaare Praana

Guru hamaare mana mandira mei, guru hamaare praana  
Saare vishva kaa vaha hai daataa, naaraayana bhagavaan  
*Jaya gurudeva, sri gurudeva*

Guru hamaare dhana-daulata hai, guru hamaare praana  
Saare vishva kaa vaha hai daataa, naaraayana bhagavaan  
*Jaya gurudeva, sri gurudeva*

Guru hamaare tana mana saba hai, guru hamaare praana  
Saare vishva kaa vaha hai daataa, naaraayana bhagavaan  
*Jaya gurudeva, sri gurudeva*

## Sadgurudeva Ki Aarati

*Aarati karo sadguru ki karo,  
Sadguru ki pyaare guruvara ki.  
Aarati karo . . .*

1. Jaya gurudeva amala avinaashi,  
Gyaana rupa antara ke vaasi.  
Hara paga-paga para dete prakaasha,  
Jaise kiranen dinakara ki.  
*Aarati karo . . .*

2. Jaba se sharana tumhaare aaye,  
Amrita se mithe phala paaye.  
Sharana tumhaari kyaa hai chhaayaa,  
Kalpavriksha taruvara ki.  
*Aarati karo . . .*

3. Brahma gyaana ke purna prakaasha,  
Yoga gyaana ke atala pravarttaka.  
Jaya 'guru-charana' saroja mitaa di,  
Vyathaa hamaare ura ki.  
*Aarati karo . . .*

4. Andhakaara se hame nikaalaa,  
Dikhalaayaa hai hame ujaalaa.  
Kaba se jaane chhaana rahe the,  
Khaaka suno, dara-dara ki.  
*Aarati karo . . .*

5. Sanshaya mitaa viveka karaayaa,  
Bhavaasaagara se paara langhaayaa.  
Amara pradipa jalaa, karadi,  
Nishaa dura isa tana ki.  
*Aarati karo . . .*

6. Bhedon bicha abheda bataayaa,  
Aavaagamana vimukta karaayaa.  
Dhanya hue ham paakara dhaaraa,  
Brahma gyaana nirjhara ki.  
*Aarati karo . . .*
7. Kripaa karo sadguru jaga-taarana,  
Sat-patha darshaka bhraanti nivaarana.  
Jaya ho nitya jyoti dikhalaane,  
Vaale lilaadhara ki.  
*Aarati karo . . .*

## Sadguru Mahimaa

Gurudeva mere jaba paasa khare,  
Mai aasa karun kisaki-kisaki.  
Jaba baanha gahi, gurudev mile,  
Taba baanha gahun kisaki-kisaki.

Jaba naatha mere diladaara mile,  
Mai khoja karun kisaki-kisaki.  
Jaba rupa anupa chhataa unaki,  
Chhavi aura lakhun kisaki-kisaki.

Jaba priti apaara lakhi unaki,  
Phira priti chahun kisaki-kisaki.  
Jaba baanki adaa hi sadaa unki,  
Phira priti chahun kisaki-kisaki.

Jaba daasi hui sharane unaki,  
Phira sharana chahun kisaki-kisaki.  
Jaba charana sharana gurudev mile,  
Phira sharana chahun kisaki-kisaki.



## Guru Mahimaa

Guru ke kaama para mita jaane vaale aura hote hai  
Guru ki aana para mita jaane vaale aura hote hai

Naama ki ota jaga bharamaane vaale aura hote hai  
Bhule-bhatake ko raaha dikhaane vaale guru hi hote hai

Binaa barasaata ke umare, bahaa de palaka mei jaga ko  
Ve nadiyaan aura hoti hai, ve naale aura hote hai

Banaa de bekhagara duniyaa se jisakaa eka hi chhintaa  
Ve saaki aura hoti hai, ve pyaale aura hote hai

Mile sadguru kripaa taba hi chhute samsaara kaa bandhana  
Vo kunji aura hoti hai, vo taale aura hote hai

Rakho gurudeva para bhakti, milegi divya vaha shakti  
Vo bhakti aura hoti hai, vo shakti aura hoti hai

## Laagi Lagana Guru Charanana Ki

*Mori laagi lagana guru charanana ki*

1. Charana binaa kuchhu vai nahi bhaave,  
Jhutha maayaa saba sapanana ki.
2. Bhavasaagara saba sukhi gayau hai,  
Phikara nahi mujhe taranana ki.
3. Miraa kahe prabhu giridhara naagara!  
Ulata bhai more nayanana ki.

## Mujhako Apanaa Lenaa

Gurudeva dayaa karake mujhako apanaa lenaa  
Mai sharana paraa teri, charanon mei jagaha denaa  
Gurudeva dayaa karake mujhako apanaa lenaa

Tuma sukha ke saagara ho, nirdhana ke sahaare ho  
Isa tana mei samaaye ho, mujhe praanon se pyaare ho  
Nita naama japun tere, nahi dila se bhulaa denaa  
Gurudeva dayaa karake mujhako apanaa lenaa

Karunaanidhi naama teraa karunaa kara dikhalaanaa  
Soye huve bhaagyon ko, he naatha! Jagaa denaa  
Meri naava bhavara dole, ise paara lagaa denaa  
Gurudeva dayaa karake mujhako apanaa lenaa

Paapi hun yaa kapati hun, jaisaa hun tumhaaraa hun  
Nahi naatha bhulaanaa mujhe, isa jaga mei akelaa hun  
Tere dara kaa bhikhaari hun, mere dosha bhulaa denaa  
Gurudeva dayaa karake mujhako apanaa lenaa

Darshana kaa pyaasaa hun, isa jaga mei akelaa hun  
Apanaa lo mujhe svaami, dara-dara thukaraayaa hun  
Itanaa to karo baba, aba sharana mei aayaa hun  
Gurudeva dayaa karake mujhako apanaa lenaa



## Nivedana

He mere gurudeva karunaasindhu karunaa kijiye  
Hun adhama aadhina asharana aba sharana mei lijiye

Khaa rahaa gote hun mai  
bhava-sindhu ke manjhadhaara mei  
Aasaraa hai dusaraa koi na aba samsaara mei

Mujhamei hai japa-tapa na saadhana  
aura nahi kuchha gyaana hai  
Niralajjataa hai eka baaki aura basa abhimaana hai

Paapa bojhe se ladi naiyaa bhamvara mei jaa rahi  
Naatha dauro, aba bachaa lo, naava dubi jaa rahi

Aapa bhi yadi chhora denge phira kahaa jaaungaa mai  
Janma duhkha se naatha kaise paara kara paaungaa mai

Saba jagaha manjila bhataka kara li sharana aba aapaki  
Paara karanaa yaa na karanaa dono marji aapaki

## So'ham So'ham Jaapa Karo

So'ham so'ham jaapa karo,  
sadgurudeva kaa dhyaana karo  
So'ham brahmaa so'ham vishnu,  
so'ham satyam dhyaana karo  
So'ham satyam dhyaana karo  
Guru hi aatmaa, guru paramaatmaa,  
guru kaa haradama dhyaana karo  
Guru kaa haradama dhyaana karo  
Guru hi brahmaa, guru hi vishnu,  
guru hi shyaama au' raama vahi  
So'ham siva hai, shyaama vahi

## Guru Vandana

Paramahamsa guru punya kaama tuma  
Lo pranaama shata koti hridaya se

Timira pantha para gyaana rashmi tuma  
Jarataa mei chaitanya urmi tuma,  
Teri karunaa se bhingaa mana  
Nita-dina gaataa gaana abhaya kaa  
*Paramahamsa guru . . .*

Gyaana gagana ke kendra indu tuma  
Dhyaana chakra ke madhya bindu tuma  
Bunda bane hama sneha sindhu tuma  
Anta nahi tere parichaya kaa  
*Paramahamsa guru . . .*

Tuma gitaa, tuma hi raamaayana  
Vyaasa tumhin, tuma vaishampaayana,  
Tuma hi siva, sundara sat tuma hi,  
Shaanti viveka, mahattam tuma hi  
*Paramahamsa guru . . .*



## Guru Naama Sankirtan



### Sri Guru Charanam

Sri guru charanam namo-namo,  
Satyam sharanam namo-namo  
Sivananda guru namo-namo,  
Bolo yogam sharanam namo-namo  
Satyananda guru namo-namo,  
Bolo yogam sharanam namo-namo

### Guru Ke Naama Gao

Guru ke naama gao, guru ke naama gao  
Guru ke naama gao, guru ke naama gao

### Jaya Guru

Jaya guru, jaya guru, jaya guru jaya  
Paramahansa satyananda jaya guru jaya

### Jaya Bolo Aananda Mei

Jaya bolo gurudeva ki aananda mei, aananda mei  
Aananda mei prabhu ke aananda mei

### Om Guru

Om guru, om guru, sachchidaananda guru  
Satchidaananda guru, sivananda guru  
Sivananda guru, satyananda guru

### **Bolo-bolo Naama**

Sri gurudeva ki mahimaa apaara hai  
Sri satyananda ji ke bolo-bolo naam

### **Mana Bhula Mata Jaiyo**

Mana bhula mata jaiyo gurudeva ke charana  
Gurudeva ke charana gurudeva ke charana

### **Aananda Sagara**

Aananda saagara guru mahaaraaja  
Mere guru satyananda yoga avataara

### **Guru Mahaaraaja**

Guru mahaaraaja, guru jaya jaya  
Paramabrahma sadguru jaya jaya  
Satyananda sri guru jaya jaya

### **Gurudevaa Gurudevaa**

Gurudevaa jaya gurudevaa  
Charana namastute gurudevaa  
Vidyaadaayaka gurudevaa  
Shaanti svarupaa gurudevaa  
Karunaasaagara gurudevaa  
Praana devaa prema devaa  
Shaanti pradaayaka gurudevaa

### **Dayaa Karo Gurudeva**

Dayaa karo gurudeva, kripaa karo gurudeva  
Jaya jaya gurudeva, jaya jaya gurudeva  
Jaya jaya gurudeva, jaya guru

### **Jaya Guru**

Jaya guru, siva guru, hari guru raama  
Jagata guru, parama guru, sadaguru shyaama

### **Om Bhagavaan**

Om bhagavaan sri bhagavaan

Aananda bhagavaan sadguru bhagavaan

### **Gurudeva Meri Naiyaa**

Gurudeva meri naiyaa usa paara lagaa denaa

Aba taka jo nibhaayaa hai aage bhi nibhaa denaa

### **Rikhiyaa Vale Baabaa**

Charanom se hamko lagaa lai ho rikhiyaa vaale  
baabaa

Rikhiyaa vaale baabaa, satyananda baabaa

Satyananda baabaa, yogiraaja baabaa

### **Hari Guna Gaao**

Sadaa nirantara hari guna gaao

Prema bhakti ke bhajana sunaao

Sri gurudeva ki sharana mei aao

Mana mandira mei dipa jalaa

Jivana naiyaa paara lagaa

### **Sivananda Yogi**

Sivananda yogi gurudeva yogi

Sivananda sivananda mahadeva yogi

### **Jaya Jaya Jaya Jaya Gurudeva**

Jaya jaya jaya jaya gurudeva

Jaya jaya jaya jaya gurudeva

Gurudeva gurudeva gurudeva gurudeva

Gurudeva jaya gurudeva

### **Om Mangalam**

Om mangalam omkaara mangalam

Guru mangalam gurupaada mangalam

**Om Namo Bhagavate**

Om namo bhagavate sivanandaya

**Guru Brahmaa**

Guru brahmaa guru vishnuh gururdevo maheshvarah

Guru saakshaat parambrahma

Tasmai sri gurave namah

**Om Gurudeva**

Om gurudeva, om gurudeva, om gurudeva

Naaraayana, naaraayana, naaraayana

**Jaya Gurudeva**

Jaya guru jaya he jaya gurudeva





# Devi



## Aaraadhanaa

Vedabhumi bhaarata se maiyaa  
vaidika vishva banaa do  
Jahaan ho maiyaa vahi se jaldi  
vaidika vishva banaa do

1. Maihara vaali shaaradaa maiyaa,  
kalakatte ki kaali maiyaa  
Vindhyaachala ki vindhyavaasini,  
vrindaavana ki kaatyaayani  
Haridvaara ki manasaa devi,  
pushkara ki gaayatri devi  
Purna giri ki kaalikaa maiyaa,  
karnaataka ki durgaa maiyaa  
*Jahaan ho maiyaa . . .*

2. Mithilaa ki mithileshvari devi,  
patanaa ki pataneshvari devi  
Vaishnava devi jammu vaali,  
tripura sundari tripuraa vaali  
Chitrakuta ki maiyaa shivaani,  
shrinagara ki chhira bhavaani  
Mumbai vaali mumbaa devi,  
paarvati devi punaavaali  
*Jahaan ho maiyaa . . .*
3. Almora ki maiyaa kaushaki,  
shimalaavaali maiyaa kotaki  
Aabu vaali devi arbudaa,  
mahuaa vaali maiyaa chandrikaa  
Madurai vaali maa minaakshi,  
kaashi ki maa vishaalaakshi  
Kaathamaandu ki guhyeshvari maa,  
kaangaraa vaali pitheshvari maa  
*Jahaan ho maiyaa . . .*
4. Kolhaapura ki mahisha-mardani,  
jaalandhara ki tripuramaalini  
Junaagarha ki devi ambaa,  
shrishailama ki khambhaarambhaa  
Omakareshvara sapta maatrikaa,  
pandharapura ki devi raadhikaa  
Vardhamaana ki devi bagulaa,  
vimalaa devi puri ki maiyaa  
*Jahaan ho maiyaa . . .*
5. Kaangaraa vaali chintapurni,  
dvaarakaa vaali maiyaa rukmini  
Nainitaala ki nainaa devi,  
jvaalaamukhi ki jvaalaa devi  
Tirupati ki padmaavati maiyaa,  
bangalaadesha ki bhagavati maiyaa

Janakapura ki sitaa maiyaa,  
chunaara vaali durgaa maiyaa  
*Jahaan ho maiyaa . . .*

6. Dilli ki yogamaayaa kaalikaa,  
mathuraavaali devi raadhikaa  
Tyaagaraaja ki lalita devi,  
madraasa ki kulakaa devi  
Sahasra chandi maanakapura ki,  
gaurishankara jabalapura ki  
Govaa ki shaantaa durgaa maa,  
mudagalapura ki chandi maiyaa  
Gauhaati ki maa kaamaakhyaa,  
maisura vaali maa chaamundaa  
*Jahaan ho maiyaa . . .*

7. Panchavati ki bhadraakaali maa,  
dalahaati ki mahaakaali maa  
Karoli vaali kelaa devi,  
virajaakshetra ki virajaa devi  
Paakistaana ki maiyaa kotari,  
hingalaaja ki hingulaa devi  
Indaragarha ki indraani maa,  
aasanasola ki kapaalini maa  
Saakambari sahaaranapura ki,  
devi nandini nandipura ki  
*Jahaan ho maiyaa . . .*

Vedabhumi bhaarata se maiyaa  
vaidika vishva banaa do.  
Pitaambaraa paraashakti maa  
vaidika vishva banaa do.  
Jaahan ho maiyaa vahi se jaldi  
vaidika vishva banaa do.

## Devi Naama Sankirtan



### Jaya Jaga Janani

Jagatoddhaarini maataa durgaa, jagatoddhaarini maa  
Jaya jaga janani, jaya jaga janani, jaya jaga janani maa  
Jaya gauri devi, ranachandi devi  
Jaya sivaramanaa jago maa

### Jaago Shankari Maa

Jaago maa, jaago maa, shankari maa  
Shankari maa, abhayankari maa  
Devi dayaa karo sivaramanaa

### Kundalini Jaago Maa

Kundalini kundalini kundalini jaago maa  
Kundalini kundalini kundalini jaago maa

### Jyotirmayi Utaro

Mere mana ke andha tamas mei, jyotirmayi utaro,  
Aanandamayi chaitanyamayi satyamayi parameshvari

### Maataa Bhavaani

Maataa bhavaani sivaranjani  
Saubhaagyadaayini varadaayini

### Mahaakaali Ki Jaya

Mahaakaali ki jaya, mahaadurge ki jaya  
Bolo ambe bhavaani ki jaya jaya jaya

### **Jaya Jaya Ma**

Jaya jaya maa, jaya kaali maa  
Jaya jaya maa, jaya durga maa  
Jaya jaya maa, jaya ambe maa  
Jaya jaya maa, jaya sarasvati maa

### **Bhaja Mana Maa**

Bhaja mana maa maa maa maa,  
bhaja mana maa maa maa maa  
Aanandamayi maa, karunaamayai maa  
Aanandarupaa maa, karunaarupaa maa

### **Jaya Durgaa Lakshmi Sarasvati**

Jaya durgaa lakshmi sarasvati  
Jaya jaya ambe bhavaani,  
Maa jaya jagadambe bhaavani  
Jaya jagadambe bhavaani maa,  
Jaya jagadambe bhavaani

### **Durge Devi Namostute**

Durge devi namostute, chandi devi namostute  
Bhadrakaali namostute, naaraayani namostute

### **Durgatinaashini Durgaa**

Durgatinaashini durgaa jaya jaya  
Kaala vinaashini kaali jaya jaya  
Umaa ramaa brahmaani jaya jaya  
Raadhaa sitaa rukmini jaya jaya

### **Jagadambike Jaya Jaya Jaga Janani Maa**

Jagadambike jaya jaya jaga janani maa  
Jaya maa, jaya maa, jaya maa maa jaya maa  
He maa, he maa, he maa maa, he maa

### **Aim Hrim Kleem Namah**

Om namo chandi maataa, chandi maataa namah  
Aim Hrim Klim namah

### **Tripura Sundari**

Tripura sundari kaamaakshi maa  
Tripura sundari jagajanani  
He maa, he maa, he maa, he maa

### **Kabhi Durgaa**

Kabhi durgaa banna ke, kabhi kaali banna ke  
Chale aanaa maiyaa ji chale aanaa  
Kabhi durgaa rupa me aanaa  
Kabhi kaali rupa me aanaa, kabhi lakshmi rupa me aanaa  
Kabhi chandi rupa me aanaa  
Kabhi ambe rupa me aanaa

### **Jaya Ambe**

Jaya ambe, jaya ambe, jaya ambe maa  
Jagadambe, jagadambe, jagadambe maa  
Jaya ambe maa, jaya jagadambe maa

### **Jaya Ambe Jagadambe**

Jaya ambe, jagadambe  
Maataa bhavaani jaya ambe

### **Namo Naaraayana Durga Maa**

Namo naaraayana durge maa, namo naaraayana  
Namo naaraayana durge maa, naaraayani maa

### **Om Shakti**

Om shakti om, om shakti om, om shakti om, om shakti om  
Om brahma om, om vishnu om, om siva om, om shakti om  
Om iccha om, om kriya om, om gyana om, om shakti om

# Siva



## Siva Svarupa

Chamake chandaa maatha mei,  
trishula biraaJe haatha mei  
Naaga gale siva daale hai,  
jataa se gangaa dhaale hai  
Baila ki savaari hai,  
bhole damaru dhaari hai  
Bhaanga dhaturaa vaale hai,  
shankara bhole bhaale hai

## Siva Ke Shringaara

Chalu dekhaba siva ke shringaara  
He saheliyaan phulon se saji

Dimaka-dimaka kara damaru baaje  
Thumaka-thumaka kara shambhu naache  
Jataa se bahe gangaa dhaara  
*He saheliyaan phulon se saji . . .*

Anga bhabhuta gale mundamaalaa  
Nainaa ati bisaala  
Baaghambara kati kachhani kaachhe  
Naaga kare phuphakaara  
*He saheliyaan phulon se saji . . .*

Nila kamala aru kantha biraaje  
Tiralochana ujiyaara  
Hara hara bam bam siva shankara ki  
Jyoti bhai apaara  
*He saheliyaan phulon se saji . . .*

## Janma-Mrityu Santarana Mantra

Om tryambakam yajaamahe  
sugandhim pushtivardhanam  
Urvaarukamiva bandhanaat  
Mrityormukshiya maamritaam

*Chant this mantra after your daily sadhana for alleviation of sorrow and suffering and for liberation from the bondage of birth and death.*



## Aai Bhole Ki Baratiyaa

Aai bhole ki baratiyaa himaachala nagari.  
Himaachala nagari, ho himaachala nagari.  
Agavaani ki hui taiyaari,  
Sajane lage baraati.  
Koi chala hai chuhe para charha,  
Koi chala charha haathi.  
Terhi-merhi re chalaniyaa himaachala nagari.  
Karana kalevaa shankara aaye,  
Bhuta-preta ke sanga.  
Kisi ke do sira, chaara bhujaa hai,  
Peta hai jaise lotaa.  
Chali-chali re baratiyaa himaachala nagari.  
Paarvati ko goda mei lekara  
Ro-ro nira bahaai,  
Usi samaya naarada ne aakara  
Sabako khuba samajhaayaa.  
Hone lagi re bhaavariyaa himaachala nagari.

## Siva Stuti

1. Shaantam padmaasanastham shashidharamukutam  
panchavaktram trinetrām,  
Shulam vajram cha khadgam parashumabhayadam  
dakshinaange vahantam.  
Naagam paasham cha ghantaam damarukasahitam  
chaankusham vaamabhaage,  
Naanaalankaaradiptam sphatikamaninibham  
paarvatisham namaami.

2. Vande shambhumumaapatim suragurum  
vande jagatkaaranam,  
Vande pannagabhushanam mrigadharam  
vande pashunaam patim.  
Vande suryashashaankavahninayanam  
vande mukundapriyam,  
Vande bhaktajanaashrayam cha varadam  
vande sivam shankaram.



## Sri Shankara-Mangalam

Jaya jaya siva bhole bhandaari  
He aashutosha, he tripuraari  
Jataa-juta mei ganga viraaje,  
Gale shesha ki maalaa saaje.  
Eka haatha mei shula liye ho,  
Duje damaru dhaari.  
Patiton ko paavana karate ho,  
Sukha dekara duhkha ko harate ho.  
Sharanaagata hai aaja tihaari,  
Meto saare sankata bhaari.  
Umaa ramana karunaa ke saagara,  
Naava bhavara mei hai yaha jarjara.  
Paara lagaa do aakara aba tuma,  
Bigara gayi hai dashaa hamaari.

## Bajaave Bholaa Damaru

Bajaave, bajaave bholaa damaru dhire-dhire

Aage-aage shankara chale, pichhe-pichhe bailaa  
Parvata para gauri chalata dhire-dhire  
*Bajaave . . .*

Aage-aage raama chale, pichhe-pichhe lakshman  
Bicha mei sitaa chalata dhire-dhire  
*Bajaave . . .*

Aage-aage krishna chale, pichhe-pichhe baladev  
Bicha mei raadhaa nachata dhire-dhire  
*Bajaave . . .*

Kaashi mei gangaa bahe, mathuraa mei yamunaa  
Ayodhyaa mei saraju bahata dhire-dhire  
*Bajaave . . .*

Aage-aage guru chale, pichhe-pichhe chelaa  
Bicha mei shraddhaa nachata dhire-dhire  
*Bajaave . . .*



## Siva Naama Sankirtan



### **Om Siva Om Siva**

Om siva, om siva, paraatparam siva,  
omkaaraa siva tava sharanam  
Namaami shankara, bhavaani shankara,  
umaa maheshvara tava sharanam

### **Naache Bholaa Naatha**

Om dhimika-dhimika dhima, dhimika-dhimika dhima  
Naache bholaanaatha, naache bholaanaatha  
Mridanga bole siva siva siva om  
Damaru bole hara hara hara om  
Vinaa bole hari om hari om

### **Shambhunaatha Jaya Ho**

Hari om namah sivaaya  
Siva siva shankara, he parameshvara  
Shambhunaatha jaya ho

### **Hara Hara Hara Bam Bholaa**

Siva hara hara hara bam bholaa  
Aaja charhegaa bhaanga kaa golaa  
Siva shankara girijaa varaadani  
Siva jataa ganga, vilasata bhujanga  
Bhrikuti vishaala trinetra laala  
Charhe burhe baila maraghata ki gaula

### **Bam Bam Mahaadevaa**

Bam bam bam bam mahaadevaa  
Hara hara hara hara sadaasivaa

### **Bam Bhole**

Bam bam bam bam bam bhole  
Raamacharita maanasa bole  
Sitaa raama bolo, sitaa raama  
Raadhe shyaama, bolo raadhe shyaama

### **Hari Om**

Hari om, hari om, namah sivaaya  
Namah sivaaya, namah sivaaya

### **Shambho Muraari**

Shambho muraari, shankara muraari  
Murahara phanidhara shankara muraari

### **Jaya Jaya Harihara**

Jaya jaya harihara siva shankara  
Bam bam mahaadeva siva shankara

### **Subramanyam Subramanyam**

Subramanyam subramanyam  
Shanmukha naatham subramanyam  
Hara hara siva siva subramanyam  
Siva siva hara hara subramanyam  
Subramanyam subramanyam

### **Siva Siva Paramabrahma**

Siva siva paramabrahma, namah sivaaya sadaasiva  
Siva siva paramabrahma, namah sivaaya sadaasiva  
Shambhu shankara sadaa sivaaya  
Hari om hari om sadaa sivaaya

### **Sivaaya Parameshvaraaya**

Sivaaya parameshvaraaya shashi shekharaaya namah om  
Bhavaaya gunashambhavaaya siva taandavaaya  
namah om

### **Siva Shankara Shambho**

He siva shankara namaami shankara  
siva shankara shambho  
He girijaapati bhavaani shankara  
siva shankara shambho

### **Shambho Shankara Sadaasiva**

Om namah sivaaya  
Siva siva siva siva mahaadeva,  
shambho shankara sadaasiva  
Siva siva siva siva mahaadeva,  
chandrachuraamani sadaasiva

### **Nataraja Nataraja**

Nataraja nataraja siva siva nataraja  
Sivaraaja sivaraaja nartana sundara sivaraaja  
Sivaraaja sivaraaja sivakaami priya sivaraaja

### **Jaya Siva Shankara**

Jaya siva shankara jaya siva shankara  
jaya shankara bhola  
Saba devon mei deva niraale jaya bam bam bhola  
Jaya bam bam bhola jaya bam bam bhola  
Jaya bam bam bhola

### **Hara Hara Bam Bam**

Hara hara bam bam hara hara bam bam  
Hara hara bam bam mahaadeva  
Hara hara bam bam hara hara bam bam

### **Namah Paarvati Pataye**

Namah paarvati pataye hara hara  
Hara hara hara hara mahaadevaaya  
Sadaa sivaaya mahaadevaaya

### **Jaya Shankara Kailaashapati**

Jaya siva shankara kailaashapati  
Jaya jaya gauri mahaapaarvati

### **Jayatu Sivaasiva**

Jayatu sivaasiva, jaanaki raama  
Jaya raghunandana, jaya siyaaraama  
Dhyaana dharo hari naama  
Tyaaga karo abhimaana  
Taaraka naama smaranam  
Taapa-traya samharanam

### **Jaya Bholaa Bhandaari**

Jaya bholaa bhandaari siva hara  
Jaya bholaa bhandaari  
Jaya kailaashapati siva shankara  
Santana ke hitakaari

### **Siva Shambhu Bhaje**

Dam dam dam dam damaru baje damaru baje  
Hari bholenaatha siva shambu bhaje

### **Mahaadeva Shambho**

Siva siva siva shambho hara hara hara shambho  
Mahaadeva shambho mahaadeva shambho

### **Sri Siva Sharanam**

Sri siva sharanam namo namo  
Shankara sharanam namo namo

### **Om Namah Sivaaya Bolo**

Om namah sivaaya bolo om namah sivaaya  
Siva shakti kaa mahaamantra hai mukti kaa upaaya  
Om namah sivaaya bolo om namah sivaaya

### **Gangaadhara Siva**

Siva shambhu hara hara shambhu  
Bhavanaashaka kailaasha nivaasa  
Paarvatipate hara pashupate  
Gangaadhara siva gauripate

### **Gauri Shankara**

Shankara shankara paarvati maheshvara  
Chandramauli shankara chandrashekhara  
Nandivaahana naagabhushana  
Nilakantha shuladhaari gauri shankara





# Vishnu



## Vishnu Vandanaa

Shaantaakaraam bhujaga-shayanam  
padmanaabham suresham  
Vishvaadhaaram gagana-sadrisham  
meghavarnam shubhaangam  
Lakshmikaantam kamalanayanam  
yogibhirdhyaana-gamyam  
Vande vishnum bhava-bhaya-haram  
sarvalokaikanaatham

## Prabhu Smarana

Sumirana kara le mere manaa teri biti  
umara hari naama binaa  
Panchhi pankha binaa hasti danta binaa  
naari purusha binaa  
Jaise putra pitaa bina hinaa  
vaise purusha hari naama binaa  
Kupa nira binaa dheni chhira binaa  
dharati megha binaa  
Jaise taruvara phala bina hinaa,  
taise purusha hari naama binaa  
Kaama, krodha, mada, lobha nihaaro,  
chhora virodha tu santajanaa  
Kahe naanaka, tu suna bhagavantaa, isa  
jaga mei nahi koi apanaa

## Hari Naama Ki Mahimaa

Jinake hiya mei hari naama base,  
Tina aur kaa naama liyaa na liyaa.  
Jinake dvaare para gangaa bahe,  
Tina kupa kaa nira piyaa na piyaa.  
Jina kaama kiya paramaaratha kaa,  
Tina haatha se daana diyaa na diyaa.  
Jinake ghara eka saputa bhayo,  
Tina laakha kaputa bhayaa na bhayaa.  
Jina maataa-pitaa ki sevaa kari,  
Tina tiratha varta kiya na kiya.  
'Tulasidaasa' vichaari kahe,  
Kapati ko mita kiya na kiya.

## Raama-Krishna-Hari

1. Raama-krishna-hari, mukunda-muraari  
Paanduranga, paanduranga, paanduranga hari  
*Raama . . .*
2. Makara-kundala-dhaari, bhakta-bandhu-shauri  
Muktidaataa, shaktidaataa, vitthalaa narahari  
*Raama . . .*
3. Dina bandhu, kripaasindhu, srihari srihari  
Paavanaanga, he kripaanga, vaasudeva hari  
*Raama . . .*
4. Tulasihaara kandhara, bhakta-hridaya mandira  
Mandaraadridhara mukunda, indiresha srihari  
*Raama . . .*
5. Jagatraya jivana, keshava naaraayana  
Maadhava janaardana, aanandaghana hari  
*Raama . . .*
6. Raajasa sukumaara, mohanaakaara  
Karunaasaagara, achyuta srihari  
*Raama . . .*
7. Pundalika varadaa, pandarinaatha shubhadaa  
Andajavaahana krishna, paanduranga hari  
*Raama . . .*
8. Gyaanadeva samstutaa, naamadeva kirtitaa  
Tukaaraama pujitaa, daasa keshava sannutaa  
*Raama . . .*

## Hari Naama Sumara

*Hari naama sumara sukha dhaama,  
jagata mei jivana do dina kaa*

Paapa kapata kara maayaa jori,  
Garaba kiyaa dhana kaa.  
Sabhi chhorakara chala musaaphir,  
Vaasa huvaa bana kaa.  
*Jagata mei jivana . . .*

Sundara kaayaa dekha lubhaayaa,  
Laara kare tana kaa.  
Chhuti shvaasa bikhara gai dehi,  
Jyon maalaa manakaa.  
*Jagata mei jivana . . .*

Yauvana naari lage piyaari,  
Mauja kare mana kaa.  
Kaala bali kaa lage tamaachaa,  
Bhula jaaye thanakaa.  
*Jagata mei jivana . . .*

Yaha samsaara sapana ki maayaa,  
Mela pala-chhina kaa.  
'Brahmaananda' bhajana kara bande,  
Alakha niranjana kaa.  
*Jagata mei jivana . . .*



# Rama



## Parho Pothi Mei Raama

Parho pothi mei raama, likho takhti mei raama,  
Dekho khambhe mei raama, hare raama raama raama.  
Piyo coffee mei raama, bolo khaane mei raama,  
Bolo chalane mei raama, hare raama raama raama.

Bolo paapaa se raama, bolo mammi se raama,  
Bolo chaachi se raama, hare raama raama raama.

Shambo shankara hara, shambho shankara hara,  
Shambho shankara hara, bam bam bam.

## Bhajale Sitaaraama

*Bhajale sitaaraama manavaa bhajale sitaaraama*

Divasa diyaa jo hariguna gale, guru diyaa jo naama  
Maata pitaa ne janma diyaa hai, rupa diyaa bhagavaan  
*Manavaa . . .*

Raama prabhu hai antaryaami, sakala khabara ve lete  
Jisane jaisaa karma kiya hai, vaisaa phala prabhu dete  
*Manavaa . . .*

Larakaa janmaa paalaa-posaa, jisako dudha pilaayaa  
Vo hi larakaa mare pitaa ke mukha mei aaga lagaayaa  
*Manavaa . . .*

Ika nara bhulaa, do nara bhule, bhulaa saba samsaara  
Jaanabujha kara jo nara bhule, usako naahi paara  
*Manavaa . . .*

Svaami ji ne yoga gyaana ko, desha-desha phailaayaa  
Isi yoga se saba logon ne shaanti au' sukha paayaa  
*Manavaa . . .*

## Sri Raama Ki Baala-Chhataa

Thumuki chalata raamachandra, baajata painjaniyaan

Kilakilaai uthata dhaaya, girata bhumi latapataaya,  
Dhaayi maatu goda leta dasaratha ke raaniyaan

‘Tulasidaasa’ ati aananda, herata mukhaarabinda,  
Raghuvara ki chhabi-samaana raghuvara-chhavi baaniyaan

## Bhakta Kaa Mithilaa Prema

Apanaa kishori ji ke tahala bajaibai,  
He hama mithile basabai  
Ghara hi mei hamaraa chaaron dhaama,  
He hama mithile basabai  
Saaga-paata khoti-khoti divasa gavaibai,  
He hama mithile basabai  
Hamaraa na chaahi sukha aaraama,  
He hama mithile basabai  
Aagu-aagu jhaari-jhaari phulavaa bichhaibai,  
he hama mithile basabai  
Taahi para chalathina sitaa raama,  
he hama mithile basabai  
Siyaa ke charana dhari sarvasa banaibai,  
He hama mithile basabai  
Siyaa-siyaa ratabai aathon yaama,  
He hama mithile basabai

## Raama Bhajo Ji

Jisa haala mei, jisa chaala mei, jisa dhaala mei raho  
Jisa sanga mei, jisa ranga mei, jisa dhangra mei raho  
Jisa bhoga mei, jisa roga mei, jisa yoga mei raho  
Jisa kaama mei, jisa dhaama mei, jisa graama mei raho  
Jisa haala mei, jisa desha mei, jisa vesha mei raho  
Raama bhajo, raama bhajo, raama bhajo ji  
Raadhe krishna govinda gopaala bhajo ji

## Darshana Ki Aradaasa

Darshana do ghanashyaama raama,  
Meri ankhiyan pyaasi re  
Mana-mandira ki jyoti jagaa do,  
Ghata-ghata vaasi re  
Mandira-mandira murata teri,  
Phira bhi na dekhi surata teri  
Yuga beete, na aai milana ki  
Puranamaasi re  
Dvaara dayaa kaa jaba tu khole,  
Panchama sura mei gungaa bole  
Andhaa dekhe, langaraa chala kara  
Pahunche kaashi re  
Paani pikara pyaasa bujhaaun,  
Nayanon ko kaise samajhaaun  
Aankha-michauni aba to chhoro,  
Mana ke vaasi re

## Sitaa Raama

Meri patiyaa pai likha do – sitaaraama  
Meri chutiyaa pai likha do – sitaaraama  
Meri aankhen dekhe – sitaaraama  
Mere kaana suna lei – sitaaraama  
Mere tana pai likha do – sitaaraama  
Mere mana pai likha do – sitaaraama  
Meri dholaka bole – sitaaraama  
Sitaaraama jai sitaaraama,  
raadheshyaama jai radheshyaama  
Prema se bolo – sitaaraama  
Haradama bolo – sitaaraama



## Parama Mantra Raama Naama

Prema mudita mana se kaho raama raama raam,  
Kaho raama raama raam.  
Paapa kate dukkha mite leke raama naam,  
Bhava samudra sukhada naava, eka raama naam.  
Kaho raama raama raam . . .

Parama shaanti sukha nidhaana eka raama naam,  
Niraadhaara ko aadhaara eka raama naam.  
Kaho raama raama raam . . .

Parama gupta, parama ishta mantra raama naam,  
Santa hridaya sadaa basata eka raama naam.  
Kaho raama raama raam . . .

Mahaadeva satat japata divya raama naam,  
Kaashi marata mukta karata, kahata raama naam.  
Kaho raama raama raam . . .

Maataa-pitaa bandhu sakhaa saba hi raama naam,  
Bhakta janana jivana-dhana eka raama naam.  
Kaho raama raama raam . . .



## Raama Jinakaa Naama Hai

Raama jinakaa naama hai, ayodhyaa jinakaa dhaama hai,  
Aise raghunandana ko, hamaaraa bhi pranaama hai.

Gopaala jinakaa naama hai, gokula jinakaa dhaama hai,  
Aise yoga daataa ko, hamaaraa bhi pranaama hai.

Shankara jinakaa naama hai, kaashi jinakaa dhaama hai,  
Aise muktidaataa ko, hamaaraa bhi pranaama hai.

Sivananda jinakaa naama hai, rishikesha jinakaa  
dhaama hai,  
Aise bhakti daataa ko, hamaaraa bhi pranaama hai.

Satyananda jinakaa naama hai, rikhiyaa jinakaa  
dhaama hai,  
Aise jivanamukta ko, hamaaraa bhi pranaama hai.

## Raama Ratana Dhana Paayo

*Paayo ji maine raama-ratana dhana paayo.*

1. Vastu amolaka di mere sadaguru,  
Kirapaa kara apanaayo
2. Janama janama ki punji paai,  
Jaga mei sabhi khovaayo.
3. Kharachai na khutai, chora na lutai,  
Dina dina barhata savaayo.
4. Sata ki naava, khevatiyaa sadaguru,  
Bhavasaagar tara aayo.
5. Miraa ke prabhu giridhara naagara,  
Harakha harakha jasa gaayo.

## Raama Milana Ki Chaaha

*Mujhe raama milana ki chaaha lagi.*

Mana ko chhoraa tana ko chhoraa,  
chhoraa sakala samsaara ko.

Jaagrata svapna sushupti bedhaa,  
ajahun na paayaa raama ko.

*Mujhe raama milana . . .*

Mauna mei dhundhaa, vrata mei dhundhaa, dhundhaa  
pothi shaastra mei.

Kaashtha mauna saadha ke dekhaa,  
ajahun na paayaa raama ko.

*Mujhe raama milana . . .*

Aasana baithaa shvaasa charhaayaa,  
saptaka taara milaayaa.

Bhrikuti mei dhyaana jamaayaa,  
ajahun na paayaa raama ko.

*Mujhe raama milana . . .*

Chhaayaa mei dhundhaa kaayaa mei dhundhaa,  
dhundhaa traataka dhyaana mei.

Ghara ghara dhundhaa vana vana dhundhaa,  
ajahun na paayaa shyaama ko.

*Mujhe raama milana . . .*

## Kali Santarana Mantra

Hare raama hare raama, raama raama hare hare  
Hare krishna hare krishna, krishna krishna hare hare

*Chant this mantra after your daily worship for purity, strength and  
divine grace.*

## Raama Naama Mahimaa

Binaa raama kaa bhajana kiye,  
paayaa kisane aaraama kaho  
Raama kaho sri raama kaho,  
raama kaho sri raama kaho

Raama naama anamola ratana hai,  
guntha gale daalo maalaa  
Hiya kaa andhakaara harane ko,  
maartanda sama ujiyaalaa

Raama naama mani vishaya-vyaala kaa,  
roga shoka harane vaalaa  
Nirbala ke bala nirdhana ke dhana,  
niraadhaara kaa rakhavaalaa

Sukha mei duhkha mei laabha-haani mei,  
sadaa subaha aru shaama kaho  
Raama kaho sri raama kaho,  
raama kaho sri raama kaho

Raama naama bala paakara siva ne,  
kaala kuta visha paana kiya  
Vaalmiki ghatayoni vibhishana,  
saphala janama hanumaana kiya

Raama naama bala prahlaada, narasimha  
rupa bhagavaan liya  
Gaja-ganikaa aura drupada-sutaa ko  
mahaa vipada se traana diya

Tana se kaama karo au' nishidina  
mana se aathon yaama kaho  
Raama kaho sri raama kaho,  
raama kaho sri raama kaho

‘Ra’ kahate kata jaata hridaya se  
kali kalmasha-santaapa sabhi  
Deta ‘ma’ kaara na aavana hiya mei,  
paapa vikaara vichaara kabhi

‘Ra’ ravi ‘ma’ mayanka mahimaamaya,  
kara ke dekho jaapa kabhi  
Saba mantron kaa bija mantra hai,  
lage na isase paapa kabhi

Ramaa jagat ke roma-roma mei,  
yuga akshara satanaama kaho  
Raama kaho sri raama kaho, raama kaho  
sri raama kaho

Raama vimukha raavana ke ghara mei,  
koi na rovanahaara rahaa  
Kumbhakarana aura meghanaada kaa,  
saaraa bala bekaara rahaa

Dhana jana vipula barai vaibhava,  
jinakaa aparampaara rahaa  
Raama naama sata rahaa anta mei,  
khaali haatha pasaara gahaa

Yaato nishidina raama kaho,  
yadi chaaho vishraama karo  
Raama kaho sri raama kaho, raama kaho  
sri raama kaho



## Raama Milana

Raama se koi milaa de mujhako,  
Raaha se koi lagaa de mujhako.  
Bina laathi kaa nikalaa andhaa,  
Raaha se koi lagaa de mujhako.

Koi kahe vaha base avadha mei,  
Koi kahe vrindaavana mei.  
Koi kahe tiratha mandira mei,  
Koi kahe milate mana mei.

Koi aisi jyoti jalaa de,  
Shraddhaa-jyoti jale mujhame.  
Bhakti-jyoti jale mujhame,  
Gyaana ki jyoti jale mujhame.

## Raama Rakshaa Stotra

Aapadaamapahartaaram daataaram sarvasampadaam.  
Lokaabhiraamam sraaamam bhuyo bhuyo namaamyaham.

Raamo raajamanih sadaa vijayate raamam ramesham bhaje  
Raamenaabhihataa nishaacharachamu raamaaya tasmai  
namah.

Raamaannasti paraayanam parataram raamasya  
daaso'smyaham  
Raame chittalayah sadaa bhavatu me bho raama  
maamuddhara.

*Chant these potent mantras every morning for the destruction of  
obstacles and acquisition of unshakeable faith and devotion towards  
Lord Rama*

## Rama Naama Sankirtan



### **Raama Dayaalaa**

Raama dayaalaa, hari krishna dayaalaa  
Krishna dayaalaa, hari raama dayaalaa

### **Pinjare Vaali Mainaa**

Pinjare vaali mainaa, bhajo na sitaa raama raama  
Bhajo na sitaa raama raama,  
Bhajo na raadhe shyaama shyaama

### **Teri Mahimaa Nyaari**

Bhajo naaraayana naraayaana hari hari  
Teri mahimaa teri mahimaa  
Teri mahimaa nyaari nyaari

### **Jaya Astu Jaya He**

Jaya astu jaya he, jaya raghunandana  
Vitthala vitthala vitthala, paanduranga vitthala

### **Naaraayana Om**

Naaraayana naaraayana naaraayana om  
Naaraayana om naaraayana om

### **Raama Lakshmana Jaanaki**

Raama lakshmana jaanaki, jaya bolo hanumaana ki

### **Raama Kaho**

Raama kaho, sri raama kaho  
Raama kaho, sri raama kaho

### **Allaaha Tuma Ho, Ishvara Tuma Ho**

Allaaha tuma ho, ishvara tuma ho  
Tumhi ho raama rahima, tumhi ho raama rahima  
Mere raama mere raama raama rahima,  
Mere raama mere raama raama rahima

### **Ayodhyaavaasi Raama**

Ayodhyaavaasi raama, dasharatha nandana raama  
Patita paavana jaanaki jivana sitaa mohana raama  
Jaya jaya raama raama raama  
Sitaa raama raama raama  
Jaya jaya raama raama raama  
Sitaa raama raama raama

### **Hare Muraare Raama Raama**

Hare muraare raama raama, hare muraare raama  
Parama sumangala raama raama,  
Parama sumangala raama  
Sri raama jaya raama jaya jaya raama,  
Raghupati raaghava raama  
Parama sumangala raama raama,  
Parama sumangala raama

### **Srimana Naaraayana**

Srimana naaraayana naaraayana naaraayana  
Bhaja mana naaraayana naaraayana naaraayana  
Lakshmi naaraayana . . . ganga naaraayana . . .  
hara hara naaraayana  
Bam bam naaraayana . . . siva naaraayana . . .  
jaya jaya naaraayana . . .



### **Sri Raghunatha Jaya Raghunatha**

Sri raghunatha jaya raghunatha  
Sharanam sharanam sri raghunatha  
Sri rama jaya rama jaya jaya rama

### **Bolo Srirama**

Bolo tu bolo tu bolo srirama bolo srirama  
Mithe-mithe nama pyare pyare nama  
Mitha hai pyara hai hari prabhu ka nama

### **Sitaa Vallabha Sundara Raama**

Sitaa vallabha sundara raama, jaanaki jivana raajaa raama  
Dasharatha nandana jaya jaya siyaaraama,  
Raghukula bhushana raajaa raama

### **Sitaa-Raama Manohara Jori**

Sitaa-raama manohara jori  
Dasharatha nandana janaka dulaari

### **Sitaa Raama Kaho**

Sitaa raama kaho, raadhe shyaama kaho  
Sitaa raama binaa sukha sapanaa nahi  
Raadhe shyaama binaa koi apanaa nahi  
Sitaa raama . . .  
Sitaa raama binaa uddhaara nahi  
Raadhe shyaama binaa beraa paara nahi  
Sitaa raama . . .

### **Raama Raama Kaho**

Raama raama kaho baarambaara,  
Chakra sudarshana hai rakhavaara  
Jaya hari naaraayana govindam,  
Jaya guru naaraayana govindam

### **Raghupati Raaghava**

Raghupati raaghava raajaa raama

Patita paavana sitaa raama

Sitaa raama sitaa raama

Bhaja mana pyaare sitaa raama

### **Om Naaraayana**

Om naaraayana om naaraayana om naaraayana

aanandam

Hari naaraayana hari naaraayana vishnu naaraayana

aanandam

### **Aatmaaraamaa Aanandanaamaa**

Atmarama anandanama

Anandamohana sri paramadhama

Nayanabhirama manasa prema

Sukumara rama sundara nama

### **Ayodhyavasi Sri Ramachandra**

Hari narayana hari narayana hari narayana

Ayodhyavasi sri ramachandra anandarupa

Jaya jaya rama



# Krishna



## Krishna Kanhaai

*Come here my dear krishna kanhaai  
Maine tere lie hridaya andara building banaai.*

*For you my dear khaanaa banaayaa,  
Butter mishri, dudha, dahi, khuba mangaayaa,  
So much delay, so much delay tumane lagaai,  
Maine tere lie hridaya andara building banaai.*

*Remembering every day aansu bahaan,  
Come to house my dear, aarati dikhaan,  
Why far, why far rahe kanhaai!  
Maine tere lie hridaya andara building banaai.*

## Bhajana Binaa Nara Phiko

1. Mohi laage vrindaavana niko  
Ghara-ghara tulasi thaakura sevaa,  
darshana govinda ji ko
2. Nirmala nira bahata yamunaa mei,  
bhojana dudha dahi ko  
Ratana simhaasana aapa viraajen,  
mukuta dharyo tulasi ko
3. Kunjana-kunjana phirata raadhikaa,  
sabada sunata murali ko  
Miraa ke prabhu giradhara naagara,  
bhajana binaa nara phiko

## Bhakti Gita

Baandhaa thaa draupadi ne tumhe eka taara mei  
Kubjaa ne tujhe baandha liyaa pushpa haara mei  
Do mutthi chaavalon mei sudaamaa se bandha gaye  
Shabari ne tujhe baandha liyaa bera chaara mei  
Ganikaa ne suge ko parhaa baandhaa thaa tumhin ko  
Kevata ne tumhe baandha liyaa pada pakhaara ke  
Una baanaron ki thori-si sevaa mei bandha gaye  
Baandhaa gajendra ne tumhe eka hi guhaara mei  
Kuchha chhaachha ki chhachhiyon mei gopiyon se  
bandha gaye  
Mithilaaniyon se bandha gaye gaali hajaara mei

## Jaya Krishna Hare

Jaya krishna hare gopaala hare  
Jaya jaya prabhu dindayaala hare  
Raghunandana kaushala chanda hare  
Jaya raama hare sukhadhaama hare  
Jagadisha sachchidaananda hare  
Jaya raama hare bhagavaana hare  
Jaya krishna hare govinda hare  
Jaya jaya giradhara gopaala hare  
Mana mohana sundara shyaama hare  
Raghunandana sitaaraama hare  
Govinda hare sri mukunda hare  
Chitachora yashodaa laala hare  
Sri kumvara kanhaiyaa shyaama hare  
Nirbala ke bala siyaaraama hare

## Aanaa Sundara Shyaama

Aanaa sundara shyaama, hamaare hari-kirtan mei  
Aapa bhi aanaa, raadhaa ko laanaa,  
Sundara darshana karaanaa, hamaare hari kirtan mei  
Aapa bhi aanaa, gopiyaa ko laanaa,  
Sundara raasa rachaanaa, hamaare hari-kirtan mei  
Aapa bhi aanaa, gitaa ko laanaa,  
Sundara vachana sunaanaa, hamaare hari-kirtan mei

## Bhajo Re Mana Govindaa

Natavara naagara nandaa,  
bhajo re mana govindaa  
Tu hi natavara, tu hi naagara,  
tu hi baala mukundaa  
Saba devana mei krishnaji bare hai,  
jaise taaron bicha chandaa  
Saba sakhiyana mei raadhaaji bari hai,  
jaise nadiyon bicha gangaa  
Dhruva taare prahlaada ubaare,  
narasimha rupa dharantaa  
Vrindaavana mei raasa rachaayo,  
naachata baala mukundaa  
Miraa ke prabhu giradhara naagara,  
kaato yama kaa phandaa

## Shyaama Nikasa Gaye

Mai na lari thi, shyaama nikasa gaye.  
Naa mai boli, naa mai chaali,  
Taana dupattaa soi pari thi.  
Dasa daravaaje banda kara soi,  
Na jaanum koi khiraki khuli thi.  
Paancha sakhi mori sanga ki saheli,  
Unase puchho, kuchha na kahi thi.  
Kahata kamaali kabira ki beti,  
Isa byaahe se kuvaari bhali thi.

## Dekhataa Jaa Rahaa Hun

Mai ghanashyaama ko dekhataa jaa rahaa hun  
Usi ki jhalaka para khinchaa jaa rahaa hun

Lutaataa hai vaha mai lutaa jaa rahaa hun  
Mitaataa hai vaha mai mitaa jaa rahaa hun

Khabara kuchha nahi hai kahaa jaa rahaa hun  
Bulaataa hai vaha mai chala jaa rahaa hun

Muhabbata ranga me ranga jaa rahaa hun  
Nigaahon mei usaki bahaa jaa rahaa hun

Pataa prema ke sindhu kaa paa rahaa hun  
Ki eka 'bindu' mei hi bahaa jaa rahaa hun

## Dulaho Nandakumaara

Dulahina jaaki raadhaa raani  
Dulaho nandakumaara  
Raadhe, dulaho nandakumaara . . .

Ataki pataki lutiya jhataki  
Baha gayi dudhiya dhaara,  
Raadhe, dulaho nandakumaara . . .

Ankhiyaan atakin latake jhataki  
Chhera dai murali ki taana,  
Raadhe, dulaho nandakumaara . . .

Aba vrindaavana me basyo  
Raadhe krishna muraari  
Antima aashaa purna karo  
Aapa hi hau karataara,  
Raadhe, dulaho nandakumaara . . .

## Sharanaagati Kaa Aananda

Thaakura tuma sharanaai mai aayaa.  
Utara gayo mere mana kaa samshaya,  
Jaba te darshana paayaa.

*Thaakura . . .*

Anabolata mori birathaa jaani,  
Apanaa naama japaaayaa.  
Duhkha kaate sukha sahaja samaaye,  
Ananda ananda guna gaaiyaa.

*Thaakura . . .*

Baanha pakara kari line apani,  
Griha andha-kupa te laaiyaa.  
Kaha 'naanaka' guru bandhana kaate,  
Bichharata aana milaaiyaa.

*Thaakura . . .*

## Haaya Udho . . .

Haaya udho hame bataa do  
Yoga se kyaa viyoga kama hai

Yogi pahane range kapare  
Viyogiyon ke hridaya kaphana hai  
*Haaya udho . . .*

Yogi ramate tana mei bhasami  
Viyogiyon ke hridaya bhasama hai  
*Haaya udho . . .*

Yogiyon ki bana mei kutiyaa  
Viyogiyon kaa chhutaa badana hai  
*Haaya udho . . .*



## Meri Praarthanaa

Govinda meri yaha praarthanaa hai  
Bhuloo na mai naama kabhi tumhaaraa.  
Ye naama tere dina raata gaaun  
Govinda daamodara maadhaveti.  
He krishna, he yaadava, he sakheti.

Dehaanta kaale tuma saamane ho,  
Vanshi bajaate mana ko lubhate.  
Gaate yahi naama tana Naatha! tyaagun  
Govinda daamodara maadhaveti.  
He krishna, he yaadava, he sakheti.

Pyaare jaraa to mana mei vichaaro,  
Kyaa saatha laaye aru le chaloge?  
Jaaye yahi saatha sadaa tumhaare,  
Govinda daamodara maadhaveti.  
He krishna, he yaadava, he sakheti.

Naari dharaa-dhaama suputra pyaare,  
Kalatra sadbaandhava mitra saare.  
Koi na saathi hari ko pukaaro  
Govinda daamodara maadhaveti.  
He krishna, he yaadava, he sakheti.

Naataa bhalaa kyaa jaga se hamaaraa  
Aaye yahaa kyon kara kyaa rahe hai?  
Socho vichaaro hari ko pukaaro  
Govinda daamodara maadhaveti.  
He krishna, he yaadava, he sakheti.

Sachche sakhaa hai hari hi hamaare  
Maataa-pitaa shila subandhu pyaare.  
Bhulo na bhaai dina-raata gaao  
Govinda daamodara maadhaveti.  
He krishna, he yaadava, he sakheti.

## Jaya Raadhe



Jaya raadhe raadhe raadhe,  
Jaya jaya jaya sri raadhe.

1. Jamunaa tata pe, banshi vata pe  
Shyaama jape raadhe raadhe.  
*Jaya raadhe . . .*
2. Raadhaa kunda pe shyaama kunda pe  
Shyaama jape raadhe raadhe  
*Jaya raadhe . . .*
3. Dhira samire yamunaa tire  
Shyaama jape raadhe raadhe  
*Jaya raadhe . . .*
4. Vrindaavana ki kunja galina mei  
Shyaama jape raadhe raadhe  
*Jaya raadhe . . .*

## Jaga Mei Sundara Hai Do Naama

Jaga mei sundara hai do naama,  
chaahe krishna kaho yaa raama

Eka hridaya mei prema barhaave  
Eka paapa ke taapa hataave  
Dono sukha ke saagara hai,  
dono hai puranakaama  
*Chaahe . . .*

Maakhana vraja mei eka churaave  
Eka bera shabari ghara khaave  
Prema bhaava se kare anokhe  
dono ke hon kaama  
*Chaahe . . .*

Eka krishna paapi samhaare  
Eka dushta raavana ko maare  
Dono hai bala ke dhaama  
*Chaahe . . .*

## Bhakta Ki Pukaara

Aao mere vrindaavana mei, shyaama banshidhaari  
Dera lagi kyon, raadhaa baithi aura sabhi brajanaari  
Raama krishna to eka hi hai, bhakti se mila jaave  
Koi kahata hai 'sitaaraama', koi japata 'muraari'  
*Aao mere . . .*

Miraa ke prabhu giradhara naagara, baara-baara  
bali jaaun  
Parama sanehi aao mere, dukkha mei he giradhaari  
*Aao mere . . .*

## Maakhana Chora

Gorasa mei chhakaai jo rahataa hai,  
Gorasa kaa churaanaa kyaa jane.  
Naadaana kanhaiyaa meraa hai,  
Vo dhum machaanaa kyaa jaane.

Gopiyaan ulaahanaa laai ho,  
Kyaa jaane kisaki bahakaai ho.  
Tuma si chatura gujariyon ki,  
Dadhi luta ke khaanaa kyaa jaane.  
*Gorasa mei . . .*

Jaba ghara hi mei vo rahataa hai,  
Taba barajori vo karataa hai.  
Baali umara hai mohana ki,  
Jhagare kaa machaanaa kyaa jaane?  
*Gorasa mei . . .*



## Puchhate Ho Kanhaiyaa Kahaa Hai

Puchhate ho kanhaiyaa kahaa hai,  
kahi gauen charaate milenge  
Puchhate ho kanhaiyaa kahaa hai,  
kahi raasa rachaate milenge  
Yaa kisi vriksha ke niche baithe,  
apani vanshi bajaate milenge

Chaandani raata yamunaa ke tata para raasa  
honge rachaate muraari  
Yaa kahi rupa apanaa badalakara,  
raadhikaa ko rijhaate milenge  
Raadhikaa ko rijhaate milenge

Shaayada draupadi ne hogaa bulaayaa,  
khinchataa hogaa saari duhshaasana  
Taba to nishchaya hi kaurava sabhaa mei,  
shyaama saari barhaate milenge  
Shyaama saari barhaate milenge

Unako dhundho kurukshetra mei jaa,  
bhrama mei arjuna pare hon na shaayada  
Roka kara usa dhananjaya ko mohana,  
gyaana gitaa sunaate milenge  
Gyaana gitaa sunaate milenge

Unako dhundhoge chanchala kahaa taka,  
apane mana ko jaraa tuma tatolo  
Prema mei hi kanhaiyaa base hai,  
prema hai to bulaate rahenge  
Prema hai to bulaate rahenge

## Raasapanchaadhyaayi

Naachata sudhanga  
Srinandana vrindaavana yamunaa tata,  
Amita mana-matha-bhaya-vimardana  
Saghana kunjana manju abhinava jalada sundara anga.  
*Naachata sudhanga . . .*

Tana dipta daamina duri kaari  
Mukha sudhaakara bhaana haari,  
Kutula bhrikuti kutaaksha samyukta, chapala naina  
kuranga,  
*Naachata sudhanga . . .*

Sangita ughatita madhura pikarava  
Gaavata yasha naarada adbhuta.  
Chalata nupura kinkini kati, bajata subhaga mridanga,  
*Naachata sudhanga . . .*

Sanga gopiyana ke bicha thirakata  
Bhushana mani mei kirana jhalakata,  
Chalata kundala ganda mandita, subhaga vasana  
suranga,  
*Naachata sudhanga . . .*

Bichabicha biraajita shyaama bichabicha  
Taruni sohata gaura chhavi bhaano,  
Nila kamala suvarna ketika, maala rachita ananga,  
*Naachata sudhanga . . .*

Tattatthaa diga diga dimiki dimi  
Jhaanjha gini gina gina thei tattheitaa,  
Gagana purita shabda chhana chhana,  
tatthaa dhidhi dhudhu dhangah  
*Naachata sudhanga . . .*

Karataala aura manjira baansuri  
Bhuraja bina rabaaba dhakkaa,  
Dampfa huduka upanga jhanjhari, khanjhari  
murachanga,  
*Naachata sudhanga . . .*

Sura nara bimaanana charhe brahmaa,  
rudra naarada thakita pulakita,  
'Sura' ke jaya jaya jayati, jaya jayati navala  
tribhanga,  
*Naachata sudhanga . . .*

## Shyaama Rasiyaa

Shyaama rasiyaa mero mana basiyaa  
Ruchi-ruchi bhoga lagaaao rasiyaa  
Shabari ke bera sudaamaa ke tandula  
Prema se bhoga lagaaao rasiyaa  
*Ruchi-ruchi . . .*

Duryodhana ke mevaa tyaago  
Saaga vidura ghara khaayo rasiyaa  
*Ruchi-ruchi . . .*

Aiso bhoga lagaavo rasiyaa  
Saba amrita ho jaaye rasiyaa  
*Ruchi-ruchi . . .*

Jo koi isa bhoga ko paave  
So tero ho jaae rasiyaa  
*Ruchi-ruchi . . .*

Miraa ke prabhu giradhara naagara  
Aake darasa dikhaao rasiyaa  
*Ruchi-ruchi . . .*

## Krishna Govinda Gaate Chalo

Krishna govinda gopaala gaate chalo  
Mana ko vishayon ke visha se hataate chalo  
*Krishna govinda . . .*

Dekhanaa indriyon ke na ghore bhage  
Inako samyama ke dina raata kore lage  
Apane ratha ko supatha para chalaate chalo  
*Krishna govinda . . .*

Kaama karate raho naama japate raho  
Krishna pyaare kaa tuma dhyaana dharate raho  
Paapa ki vaasanaaye mitaate chalo  
*Krishna govinda . . .*

Yaada aavenge unako kabhi naa kabhi  
Denge darshana ve aake kabhi naa kabhi  
Aisaa vishvaasa mana mei jamaate chalo  
*Krishna govinda . . .*

Naama japa-japa ke bhakton ne paai gati  
Isi se sabhi ne hai kee veenati  
Krishna pyaare ko mana mei rijhaate chalo  
*Krishna govinda . . .*





## Hari Naama Hi Sahaaraa Hai

Govinda meri yaha praarthanaa hai,  
bhulun na mai naama kabhi tumhaaraa  
Ye naama tere dina-raata gaaun,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Dehaantkaale tuma saamane ho,  
vanshi bajaate mana ko lubhaate  
Gaate yahi mai tana naatha! Tyaagun,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Pyaare jaraa to mana mei vichaaro,  
kyaa saatha laye aru le chaloge  
Jaaye yahi saatha sadaa tumhaare,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Naari dharaa-dhaama suputra pyaare,  
kalatra sadbaandhava mitra saare  
Koi na saathi hari ko pukaaro,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

‘Naataa bhalaa kyaa jaga se hamaaraa?  
Aaye yahaa kyon kara kyaa rahe hai?’

Socho-vichaaro hari ko pukaaro,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Sachche sakhaa hai hari hi hamaare,  
maataa-pitaa 'shila' subandhu pyaare  
Bhulo na bhaai dina-raata gaao,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Maataa yashodaa hari ko jagaave,  
jaago, utho mohana naina kholo  
Dvaare khare gopa bulaa rahe hai,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Gopi dahi-chhaachha bilo rahi hai,  
mithaa kare shabda baraa mathaani  
Gaati mathaani sanga naari saari,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Le le karon mei nija pinjaron ko,  
koi parhaati shuka saarikaa ko  
Gaate yahi hai shukasaarikaa bhi,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Baithi liye hai duhani anokhi,  
godugdha kaarhe abalaa naveli  
Godugdhadhaaraa sanga gaa rahi hai,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Maalaa rahi guntha suvaama koi,  
le goda baithi apane lalaa ko  
Gaa-gaa sunaati nija baalakon ko,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Dhoye kisi ne mukha baalakon ke,  
le goda mei pyaara kare dulaare  
He laala, gaao tuma sanga mere,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Koi jagaati nija laala ko hai,  
Jaago dulaare! Tuka naina kholo  
Ye naama bolo hari ke salone,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Koi naveli pati ko jagaave,  
Praanesha! jaago, aba ninda tyaago  
Belaa yahi hai hari gita gaao,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Kaasaara ke madhya lalaa! Viloko,  
kaise manohaari saroja phule  
Baithe sabhi mei ali gaa rahe hai,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Dekho pankheru taru-daaliyon mei,  
gaate suhaate madhura svaron mei  
Patte hatheli mridu hai bajaate,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Aakaasha ke bicha vihangamaalaa,  
aanandamagnaa hari-naama mattaa  
Unche svaron se nabhamadhya gaatin,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Jaage pujaari hari mandiron mei,  
jaake jagaate hari ko sabhi yon  
He shila sindho! Aba netra kholo,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Dhanyaa sabhi hai braja gopikaaei,  
gaatin sadaa jo hari naama pyaaraa  
Go dohate bhi yaha gita gaatin,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Le haatha mei musala okhali mei,  
hai kutati dhaana suvaama koi  
Hai tutataa taara kabhi nahi ye,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Daali mathaani dadhi mei kisi ne,  
hai dhyaana aayaa dadhi-chora kaa hi  
Gadgad huaa kantha pukaarati hai,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Hai lipati aangana naari koi,  
govinda aave, mama geha khele  
Dhyaanastha ye hi pada gaa rahi hai,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Soyaa kisi kaa suta paalane mei,  
dori karon se jaba khinchati hai  
Gaati yahi hai hari prema-mattaa,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Royaa kisi kaa jaba laala pyaaraa,  
ho prema magnaasane usane pukaaraa  
Rovo na gaao tuma sanga mere,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Jhaari uthaai kara mei kisi ne,  
dhoti rasoi mana mei vichaare  
Gopaala ji mei ham gita gaave,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Koi naveli ghara ko buhaare,  
gopaala ko hi mana mei nihaare  
Aananda se 'shila' yahi pukaare,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Dekho jahaa bhi yaha dikhataa hai,  
socho jaraa bhi yaha sujhataa hai  
Sarvatra ye hi svara gunjataa hai,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Raakesha taaraagana bhaanu vidyuta,  
shyaama chhataaye jala-bindu saare  
Aakaasha mei ye dhvani hai lagaate,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Pakshi anekon nabhamadhya jaate,  
kaisi sudhaa ki jhariyaan lagaate  
Mithe svaron mei hari gita gaate,  
govinda daamodara maadhaveti  
Govindadaamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Srotasvini ke kalanaada madhye,  
uttunga-shailaagra-jala prapaate  
Hai shabda ye hi shruti madhya aate,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Graamon gharon mei, vana nirjharon mei,  
attaalikaaon kutiyaa gharon mei  
Hai gunjate naama yahi sabhi mei,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Vaarisha ki premamayi tarange,  
bhaavon ki ye bhaava bhari umange  
Sanketa dvaaraa dina-raata gaati,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Dinon, anaathon, daliton, kshudhaarton,  
sarvasvahinon ramanivihinon  
Ke chitta mei bhi yaha yaada aati,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Vidyaanuraagi nija pustakon mei,  
arthaanuraagi dhanasanchayon mei  
Ye hi niraali dhvani dhundhate hai,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Dehaatmavaadi, paramaanuvaadi,  
saamraajyavaadi atha saamyavaadi  
Gaate yahi hai mana maara saare,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Sadgrantha, shaddarshana, veda chaaron,  
injeela dekho kuravaan vichaaro  
Pao sabhi mei yaha mantra pyaare,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Bhaashaa vibhinnaa paripaati bhinnaa,  
hai bhinna puja para bhaava dujaa  
Dekho kahi naa, saba dharma gaate,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Yogi yati taapasa saadhu saare,  
pyaare binaa jo dukhiyaa bichaare  
Ekaanta mei 'shila' yahi pukaare,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

Govinda sadyo bahumoda kaari,  
jo stotra gaave purato muraari  
Premnaa prabhaate'chala bhakti paave,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti



Ho ke sadaa tushta kare baseraa,  
jo gaana ko hai karataa baseraa  
Gehe'chalaake sahamoda dete,  
govinda daamodara maadhaveti  
Govinda daamodara maadhaveti,  
he krishna, he yaadava, he sakheti

## Sunaa Jaa Shyaama Re

Sunaa jaa, sunaa jaa, sunaa jaa shyaama re  
Vo gitaa vaalaa gyaana sunaa jaa shyaama re  
Dikhaa jaa, dikhaa jaa, dikhaa jaa shyaama re  
Vo maadhuri ki murti dikhaa jaa shyaama re  
Pilaa jaa, pilaa jaa, pilaa jaa shyaama re  
Vo prema bharaa pyaalaa pilaa jaa shyaama re  
Lagaa jaa, lagaa jaa, lagaa jaa shyaama re  
Meri naiyaa ko paara lagaa jaa shyaama re  
Khilaa jaa, khilaa jaa, khilaa jaa shyaama re  
Maakhana-misari khilaa jaa shyaama re  
Bajaa jaa, bajaa jaa, bajaa jaa shyaama re  
Vo mohaka murali bajaa jaa shyaama re



## Bhagavaana Ki Baala Lilaa

Yaaro, suno ye dadhi ke lutaiyaa kaa baalapana;  
Au madhupuri nagara ke basaiyaa kaa baalapana.  
Mohana-sarupa nritya karaiyaa kaa baalapana;  
Bana-bana ke gvaala gauve-charaiyaa kaa baalapana.  
Aisaa thaa baamsuri ke bajaiyaa kaa baalapana  
Kyaa-kyaa kahun mai krishna kanhaiyaa kaa baalapana

Jaahira mei suta vo nanda-jasodaa ke aapa the;  
Varanaa vo aapi maai the aura aapi baapa the.  
Parade mei baalapana ke ye unake milaapa the,  
Joti sarupa kahiye jinhe so vo aapa the.

*Aisaa thaa . . .*

Unako to baalapana se na thaa kaama kuchha zaraa,  
Samsaara ki jo rita thi, usako rakhaa bazaa.  
Maalika the vaha to aapi, unhe baalapana se kyaa?  
Vaan baalapana, javaani, burhaapaa-saba eka thaa.

*Aisaa thaa . . .*

Baale the birjaraaja, jo duniyaa mei aa gaye,  
Lilaa ke laakha ranga tamaashe dikhaa gaye.  
Isa baalapana ke rupa mei kitanon ko bhaa gaye,  
Eka yaha bhi lahara thi, jo jahaa ko jataa gaye.

*Aisaa thaa . . .*

Paradaa na baalapana kaa vo karate agara zaraa,  
Kyaa taaba thi jo koi najara bhara ke dekhataa.  
Jhaara au pahaara dete sabhi apanaa sara jhukaa,  
Para kauna jaanataa thaa, jo kuchha unakaa bheda thaa.

*Aisaa thaa . . .*

Aba ghutaniyon kaa unake mai chalanaa bayaan karun?  
Yaa, mithi baate munha se nikalanaa bayaan karun?  
Yaa, baalakon mei isa taraha palanaa bayaan karun?  
Yaa, godiyan mei unakaa machalanaa bayaan karun?  
*Aisaa thaa . . .*

Paati pakara ke jaba chalane lage madanagupaala,  
Dharati tamaama ho gai eka aana mei nihaala.  
Baasuki charana chhuana ko chale chhora ke pataala,  
Aakaasha para bhi dhuma machi dekha unaki chaala.  
*Aisaa thaa . . .*

Karane lage ye dhuma jo giradhaari nandalaala,  
Ika aapa aura dusare saatha unake gvaala-baala.  
Maakhana-dahi churaane lage sabake dekhabhaala,  
Di apani dudha-ghi chori ki ghara-ghara mei dhuma daala.  
*Aisaa thaa . . .*

Kothe mei hove phira to usi ko dhandhoranaa,  
Matakaa ho to usi mei bhi jaa mukha ko boranaa.  
Unchaa ho to bhi kandhe pai charha ke na chhoranaa,  
Pahunchaa na haatha to use murali se phoranaa.  
*Aisaa thaa . . .*

Gara chori karate aa gai, gvaalina koi vahaa,  
Au usane aa pakara liyaa to usase bole vaan.  
'Mai to tere dahi ki uraataa thaa makkhiyaan,  
Khaataa nahi mai usako, nikaale thaa chintiyaan'.  
*Aisaa thaa . . .*

Gusse mei koi haatha pakarati jo aana kara,  
To usako vaha svarupa dikhaate the muralidhara.  
Jo aapi laa ke dharati vo maakhana katori bhara,  
Gussaa vo usakaa aana mei jaataa vahaa utara.  
*Aisaa thaa . . .*

Unako to dekha gvaaline jo jaana paati thi,  
Ghara mei isi bahaane se unako bulaati thi.  
Jaahira mei unake haatha se ve gula machaati thi,  
Parade mei sabhi ke krishna ki balihaari jaati thi.

*Aisaa thaa . . .*

Kahati thin dila mei 'dudha jo aba ham chhipaayenge,  
Shrikrishna isi bahaane hame munha dikhaayenge.  
Aura, jo hamaare ghara mei ye maakhana na paayenge,  
To unako kyaa garaja hai, vo kaahe ko aayenge'.

*Aisaa thaa . . .*

Saba mila yashodaa paasa yaha kahati thin aake 'bira-  
Aba to tumhaaraa kaanhaa huua hai baraa sarira.  
Detaa hai hamako gaaliyaan, au' phaarataa hai chira,  
Chhore dahi na dudha, na maakhana, mahi na khira'.

*Aisaa thaa . . .*

Maataa yashodaa unaki bahuta karatin mintiyaan,  
Au' kaanha ko daraatin uthaa mana ki siriyaan.  
Taba kaanha ji yashodaa se karate yahi bayaan-  
'Tuma sacha na maano maiyaa, ye saari hai

*Aisaa thaa . . .*

'Maataa, kabhi ye mujhako pakara kara le jaati hai,  
Au' gaane apane saatha mujhe gavaati hai.  
Saba naachati hai aapa, mujhe bhi nachaati hai,  
Aapi tumhaare paasa se phariyaadi aati hai'.

*Aisaa thaa . . .*

'Maiyaa, kabhi ye meri chhaguliya chhipaati hai,  
Jaataa hun raaha mei to mujhe chhere jaati hai.  
Aapi mujhe ruthaati hai, aapi manaati hai,  
Maaro inhe, ye mujhako bahuta-saa sataati hai'.

*Aisaa thaa . . .*

Eka roza munha mei kaanha ne maakhana chhipaa liyaa,  
Puchhaa yashodaa ne to vahaa munha banaa diyaa.

Munha khola tina loka kaa aalama dikhaa diyaa,  
Ika aana mei dikhaa diyaa, au' phira bhulaa diyaa.

*Aisaa thaa . . .*

The kaanha ji to nanda-yashodaa ke ghara ke maaha,  
Mohana navala-kishora ki thi sabake dila mei chaaha.  
Unako jo dekhataa thaa, so karataa thaa 'vaaha-vaaha'  
Aisaa to baalapana na kisi kaa huua hai aaha.

*Aisaa thaa . . .*

Raadhaaramana ke yaaro, ajaba aaye gaura the,  
Larakon mei vo kahaa hai jo kuchha uname taura the.  
Aapi vo prabhu naatha the, aapi vo daura the,  
Unake to baalapana hi mei tevara kuchha aura the.

*Aisaa thaa . . .*

Hotaa hai yon to baalapana hara tiphala kaa bhalaa,  
Para unake baalapana mei to kuchha auri bheda thaa.  
Usa bheda ki bhalaa ji kisi ko khabara hai kyaa?  
Kyaa jaane apani khelane aaye the kyaa kalaa.

*Aisaa thaa . . .*

Saba mili ke yaaro, krishna muraari ki bolo jai!  
Govinda kunja-chhaila-bihaari ki bolo jai!  
Dadhichora gopinaatha bihaari ki bolo jai!  
Tuma bhi 'najira' krishna muraari ki bolo jai!

*Aisaa thaa . . .*



## Naacho Gopaalaa

Gopaalaa gopaalaa naacho gopaalaa  
Naacho naacho shyaama nandalaalaa  
Ruma-jhuma, ruma-jhuma, naacho gopaalaa  
Naacho gopaalaa naacho gopaalaa  
Naacho gopaalaa naacho gopaalaa

Dhimika-dhimika-dhima naacho gopaalaa  
Naacho gopaalaa naacho gopaalaa  
Thumuka-thumuka-thuma, naacho gopaalaa  
Naacho gopaalaa naacho gopaalaa

Taa taa thei, taa taa thei, naacho gopaalaa  
Naacho gopaalaa naacho gopaalaa  
Naa dhin dhin naa, naa dhin dhin naa,  
naacho gopaalaa  
Naacho gopaalaa naacho gopaalaa



## Krishna Naama Sankirtan



### **Muralidhara Shyaama**

Adhara-madhura muralidhara shyaama  
Madhuraadhipate raadheshyaama

### **Nacho Nandalala**

Nita-nita sundara mukhaaravrinda  
Naacho nandalaalaa nandalaalaa  
Miraa ke prabhu laalaa, nandalaalaa

### **Aanandananda**

Aanandananda gopaala aanandananda gopaala  
Aanandananda, aanandananda, aanandananda gopaala

### **Govinda Naaraayanaa**

Govinda naaraayanaa, gopaala naaraayanaa  
Govinda govinda naaraayanaa  
Hari govinda gopaala naaraayanaa

### **Kaise Sundara Shyaama**

Gokula ki galiyon mei urata gulaala hai  
Maataa yashodaa ko huve nandalaala hai  
Sira pe chutilaa, kaale ghunghara baala hai  
Mastaka para tilaka lage, kaise sundara shyaama hai

### **Giradhaari Nandalaala**

Giradhaari nandalaala, bhajo govinda gopaala  
Bhajo govinda gopaala, bhajo govinda gopaala

### **Naaraayana Vaasudeva**

Sri krishna govinda hare muraare  
Naaraayana, he naatha, naaraayana vaasudeva  
He naatha, naaraayana vaasudeva

### **Bhajo Giridhara Govinda**

Bhajo giridhara govinda gopaalaa  
Bhajo shyaama sundara murali vaalaa

### **Govinda Bolo Hari**

Govinda bolo hari gopaala bolo  
Raadhaa ramana hari govinda bolo

### **Jaya Hari Naaraayana**

Jaya hari naaraayana govindam  
Jaya raama naaraayana govindam

### **Yamunaa Tira Bihaari**

Yamunaa tira bihaari, vrindaavana sanchaari  
Govardhana giradhaari, gopaala krishna muraari  
Jaya jaya raadhe, jaya nandanandana  
Jaya jaya gopi, jana-mana-ranjana  
Dushta nikandana, shyaama shyaama  
Jana-mana-ranjana, shyaama shyaama  
Dasharatha-nandana, raama raama  
Dashamukha-mardana, raama raama  
Bhava-bhaya-bhanjana, raama raama  
Jana-mana-ranjana, raama raama



### **Mana Raadhe Krishna Gaao**

Mana, raadhe krishna raadhe krishna gaao re  
Mana, govinda gopaala gaao re

### **Krishna Mukunda Keshava**

Krishna mukunda keshava muralidhara mohanaa  
Yaadava krishnaa maadhava krishnaa  
Naaraayana hari naaraayana  
Nandakishora, navanita chora  
Naaraayana hari naaraayana

### **Raadhe Bol**

Raadhe raadhe raadhe govinda bolo  
Bhajo govinda govinda govindaa  
Raadhe bol . . . raadhe bol . . . raadhe bol . . . raadhe bol

### **Gopaala Govinda**

Raadhe krishna govinda, gopaala raadhe maadhava  
Gopaala raadhe maadhava, govinda raadhe maadhava

### **Giridhara Gopaalaa**

Maadhava murahara madhura manohara,  
giridhara gopaalaa  
He giridhara gopaalaa, he giridhara gopaalaa

### **Krishna Kanhaiyaa Nandalaalaa**

Bhaja govinda govinda gopaalaa  
Sri krishna kanhaiyaa tuma nandalaalaa

### **Jaya Gopaala**

Nanda ke laala, jaya gopaala  
Yashodaa ke laala, jaya gopaala  
Raadhaa bihaari, jaya gopaala  
Raadhaa manohara, jaya gopaala

### **Bhaja Govindam**

Bhaja raadhe krishna govindam  
Bhaja raadhe-raadhe govindam  
Govindam govindam govindam bhaja govindam  
Bhaja girivaradhaari govindam  
Hridaya bihaari govindam  
Bhaja muralidhaari govindam  
Govindam govindam govindam bhaja govindam  
Bhaja hare muraare govindam,  
Bhaja krishna pyaare govindam  
Bhaja nanda dulaare govindam  
Govindam govindam govindam bhaja govindam  
Bhaja nayana ke taare govindam  
Bhaja bhava-dukha bhanjana govindam  
Dhenu charaiyaa govindam  
Govindam govindam govindam bhaja govindam

### **Jaya Raadhe Govinda**

Jaya raadhe govinda jaya raadhe gopaalaa  
Dinaanaatha govinda jaya anaathanaatha gopaalaa

### **Nandalaalaa Yadu Nandalaalaa**

Nandalaalaa yadu nandalaalaa  
Vrindaavana govindalaalaa  
Raadhaa lolaa nandalaalaa  
Raadha maadhava nandalaalaa

### **Govinda Bolo**

Govinda bolo bhaiyaa, govinda bolo re  
Raadhe raadhe bolo re, govinda bolo re

### **Bola Hari**

Bola hari bol hari hari hari bola  
Keshava maadhava govinda bola

### **Natavara Naagara Nandaa**

Natavara naagara nandaa bhajo re mana govindaa  
Tu hi natavara tu hi naagara, tu hi hai baala mukundaa

### **Sri Krishna Govinda**

Sri krishna govinda hare muraare  
Sri krishna govinda shyaama nandalaala

### **Govinda Hare Gopaala**

Govinda hare gopaala govinda hare hare  
Gopaala gopaala, govinda hare hare

### **Jaya Raadhaa Maadhava**

Jaya raadhaa maadhava jaya kunja bihaari  
Jaya gopi jana vallabha girivaradhaari  
Yashodaa nanda braja-jana-ranjana  
Yamunaa tira vanachaari

### **Satya Naaraayana Govinda Maadhava**

Satya naaraayana govinda maadhava  
Saai naaraayana govinda keshava  
Hare raama hare raama raama raama hare hare  
Hare krishna hare krishna krishna krishna hare hare

### **Govinda Gopaala**

Govinda gopaala prabhu giradhaari  
Govinda gopaala hridaya vihaari  
Nanda kishora navanita chora  
Hridaya vihaari baraa chitachora

### **Jaya Jaya Gopaala**

Jaya jaya gopaala raadhe gopaala satya gopaala  
He nandalaalaa gopi gopaalaa gokulavaalaa  
Vrindaavana sanchaalaa vrindaavana gopaalaa

## **Krishna Govinda Govinda Gopaalaa**

Krishna govinda govinda gopaalaa

## **Krishna Govinda**

Krishna govinda govinda gopaalaa

Sri krishna kanhaiyaa tuma nandalaalaa

## **Baala Mukundam**

Bhaja govindam, baala mukundam

Paramaanandam hare hare

Tuma ho kanhaiyaa, yashodaa ke laala

Churaate ho maakhana, ye achchhi nahi chaala

Maakhana churaana to choron kaa kaama hai

Tuma ho kanhaiyaa teraa naama badanaama hai

## **Bhajo Nitaai**

Bhajo nitaai gaura raadhe shyaama

Japo hare krishna hare raama

## **Govinda Jaya Jaya**

Govinda jaya jaya, gopaala jaya jaya

Raadhaa ramana hari, govinda jaya jaya

## **Mukunda Maadhava**

Mukunda maadhava govinda bola

Keshava maadhava hari hari bola

Krishna krishna bola hari hari bola

## **Jaya Jaya Jaya Manamohana**

Jaya jaya jaya manamohana

Jaya jaya jaya madhusudana

Keshava maadhava

Maadhava keshava

Gopaala gopaala naa

### **Devaki Nandana Gopaalaa**

Gopaalaa gopaalaa

Devaki nandana gopaalaa

### **Sri Raadhe Govinda**

Sri krishna chaitanya, prabhu nityaanandaa

Hare raama hare krishna, sri raadhe govindaa

### **Hare Krishna**

Hare krishna, hare krishna

Krishna krishna hare hare

### **Mere Prabhu Raadheshyaama**

Aananda saagara muralidhara

Mere prabhu raadheshyaama prema avataara

### **Navanita Chora**

Chitachora yashoda ke laala

Navanita chora gopaala

Gopaala gopaala govardhana giridhara gopaala

### **Krishna Naama Laddu**

Krishna naama laddu

Gopaala naama ghi

Kanhaiyaa naama mishri

Tu ghola ghola pi

### **Kadamba Ki Daali**

Kadamba ki daali jhule banavaari

Jhule raadhaaraani jhulaave banavaari

### **Gopaalaa Gopaalaa Re**

Gopaalaa gopaalaa re, pyaare nandalaalaa

Pyaare nanadalaalaa gopi gopaalaa

### **Bhajo Raadhe Krishna**

Bhajo raadhe krishna gopaala krishna  
Krishna krishna sri raadhe  
Sri raadhe shyaama raadhe

### **Krishna Naaraayana**

Krishna naaraayana naaraayana naaraayana

### **Yaha Vrindaavana**

Raadhe kunja krishna kunja giri govardhana  
Madhura madhura vanshi baaje yaha vrindaavana  
Yaha vrindaavana krishna yaha vrindaavana  
Madhura madhura vanshi baaje yaha vrindaavana

### **Tore More Mana**

Tore more mana sri raadhikaa ramana  
Nisadina hari guna gaaye jaa  
Raadhe raadhe gaaye jaa  
Krishna krishna gaaye jaa

### **Dinaanaatha Govindaa**

Dinaanaatha govinda jaya anaathanaatha gopaala  
Jaya raadhe govinda jaya raadhe gopaala  
Govinda jaya govinda gopaala jaya gopaala

### **Govinda Mero Hai**

Govinda mero hai, gopaala mero hai,  
Sri baanke bihaari nandalaala mero hai  
Kaanhaa mero hai, kanhaiyaa mero hai,  
Sri baanke bihaari nandalaala mero hai

### **Sri Krishna Bhagaavana**

Om bhagavaana sri bhagavaana  
Aananda bhagavaana sri krishna bhagavaana

### **Raadhaa Raani**

Raadhaa raani ki jaya  
Mahaaraani ki jaya  
Bolo barasaane vaali ki jaya jaya jaya  
Jaya raadhe raadhe raadhe

### **Krishna Kanhaiyaa Re**

Krishna kanhaiyaa re teraa ranga kaalaa kyon  
Maine kaali raata mei janma liyaa  
Isiliye meraa ranga kaalaa hai, x2  
Mainne kaali gaaya kaa dudha piyaa  
Isiliye meraa ranga kaalaa hai, x2  
Mainne kaaliya naaga kaa mardana kiyaa  
Isiliye meraa ranga kaalaa hai x2

### **Hari Om Kanhaiyaa**

Hari om kanhaiyaa hari om  
Hari om kanhaiyaa hari om  
Bolo hari hari om kanhaiyaa om  
Tuma ho ishvara, satya svarupa  
Tuma ho ishvara, prema svarupa

### **Om Namo Bhagavate**

Om namo bhagavate krishnadevaaya

### **Chhoti Chhoti Gaiyaa**

Chhoti chhoti gaiyaa chhote-chhote gvaala  
Chhoto so mero madana gopaala  
Aage aage gaiyaa pichhe-pichhe gvaala  
Bicha mei mero madana gopaala  
Kaari-kaari gaiyaa gore-gore gvaala  
Shyaama varana mero madana gopaala  
Ghaasa khaayo gaiyaa dudha pive gvaala  
Maakhana khaayo mero madana gopaala

### **Meraa Gopaalaa Gopaalaa**

Baraa pyaaraa hai vo sabase nyaaraa hai vo  
Meraa gopaalaa gopaalaa bolo jaya jaya jaya gopaala  
Jaba bhi sankata aaye jaba bhi mana ghabaraae  
Unako dila se kaho to phira aancha na aaye  
Krishna krishna kaho raadhe raadhe gaavo  
Mithi murali baje hama saba saatha mei gaaye

### **Daya Karo Krishnaa**

Daya karo krishnaa kripaa karo krishnaa  
Jaya govinda jaya govinda jaya govinda jaya govinda  
Jaya gopaala jaya gopaala jaya gopaala jaya gopaala  
Jaya raadhe krishna jaya raadhe krishna jaya raadhe  
krishna jaya raadhe krishna

### **Bhaja Govindam Bhaja Gopaala**

Gopaala raadhaa krishnam  
bhaja govindam bhaja gopaala  
Bhaja govindam bhaja gopaala  
keshava maadhava dinadayaala  
Keshava maadhava dinadayaala,  
keshava maadhava dinadayaala





# Nirguna



## Chetana-Samaadhi Ke Purva-Sanketa

Barasai badariyaa saavana ki  
Saavana ki, manabhaavana ki

Saavana mei umagyo mero manavaa,  
bhanaka suni hari aavana ki  
Umara-ghumara chahun disi se aayo,  
daamini damake jhara laavana ki  
Nanhin-nanhin bundana mehaa barasai,  
sitale pavana suhaavana ki  
'Miraa' ke prabhu giradhara naagara,  
aananda mangala gaavana ki

## Tu Eka Hi Hai

1. Hara desha mei tu hara vasha mei tu  
Tere naama aneka tu eka hi hai  
Teri rangabhumi yaha vishva banaa  
Saba khela mei mela mei tu hi to hai
2. Saagara se uthaa baadala bana ke  
Baadala se phutaa jala bana ke,  
Phira nahara banaa nadiyaan gahari  
Tere bhinna prakaara tu eka hi hai
3. Chinti se anu-paramaanu banaa,  
Saba jiva jagata kaa rupa liyaa  
Kahi parvata vriksha vishaala banaa,  
Saundarya teraa tu eka hi hai
4. Yaha divya dikhaayaa hai jisane  
Vaha hai 'gurudeva' ki purna kripaa  
Tukariyaa nita naama jape teraa  
Yaha tu aur mai saba eka hi hai

## Praarthanaa

Naanyaa smrihaa raghupate hridaye'smadiye  
Satyam vadaami cha bhavaanakhilaantaraatmaa  
Bhaktim prayachchha raghupungava nirbharaam me  
Kaamaadidosharahitam kuru maanasam cha

## Bhakta Ki Abhilaashaa

Eka roja to karunaa kara svaami,  
duhkhiyon ke kashta mitaayenge  
Ham jivana saphala banaa lenge,  
jaba shyaama hamaare aayenge

Aankhon mei hamaari aashaa ho,  
eka darshana ki abhilaashaa ho  
Sote jagate hansate rote,  
ham gita tumhaare gaayenge

Jaba taka na sunoge banavaari,  
dina-raata royenge giradhaari  
Aansu hi hamaari daulata hai,  
ham aansu hi barasaayenge

Sukha ke dina bite baaton mei,  
duhkha ke dina lambi raaton mei  
Basate hai tumhaari najaron mei,  
ham najaron mei mara jaayenge

Ye sara hai tumhaari chaukhata hai,  
takadira yahi ajamaayenge  
Eka roja to karunaa kara svaami,  
duhkhiyon ke kashta mitaayenge



## Surata Kaa Nritya

Hai raaga unhin ke ranga bhare,  
Au' bhaava unhin ke saanche hai.  
Jo begata, besura taala huve,  
Bina taala-pakhaavaja naache hai.

Kyaa ilma unhonne sikha liye,  
Jo bina lekhe ko baanche hai.  
Aura, baata nahi mukhaha se nikale,  
Bina hotha hilaaye jaanche hai.

Dila unake taara-sitaaron ke,  
Tana unake tabala tamaache hai.  
Munha changa jabaan dila saarangi,  
Paa ghungharu haatha kamaanche hai.

Jaba haatha ko dhoyaa haathon se,  
Jaba haatha lage thirakaane ko.  
Au' paava ko khinchaa paavon se,  
Au' paava lage gata paane ko.

Jaba aankha uthaai hasti se,  
Jaba naina lage matakaane ko.  
Saba kaachha kachhe, saba naacha nache,  
Usa rasiyaa-chhaila rijhaane ko.

Thaa jisaki khaatira naacha kiyaa,  
Jaba murata usaki aaya gai.  
Kahi aapa kahaa, kahi naacha kahaa,  
Aura taana kahi laharaaya gai.

Jaba chhaila-chhabile sundara ki,  
Chhavi nainon bhitara chhaaya gai.  
Eka murachhaa-gati si aaya gai,  
Au' jota mei jota samaaya gai.

Jaba hosha badana kaa dura huaa,  
Jaba gata para aa mridanga baji.  
Tana bhanga huaa, dila danga huaa,  
Saba aana gai, be-aana saji.

Yaha naachaa kauna 'najira' aba yaan,  
Aura kisane dekhaa naacha aji.  
Jaba bunda mili jaa dariyaa mei,  
Isa taana kaa aakhira nikalaa ji.

## Panchaadhyaayi

Toraa mana darpana kahalaae  
Bhale bure saare karamon ko  
Dekhe aura dikhaae  
*Toraa mana darpana . . .*

Mana hi devataa, mana hi ishvara  
Mana se baraa na koya  
Mana ujiyaaraa jaga phaharaaraa  
Jaga ujiyaaraa hoya  
Isa ujale darpana para  
Paani dhula na jamane paae  
*Toraa mana darpana . . .*

Sukha ki kaliyaan dukkha ke kaante  
Mana sabakaa aadhaara  
Mana se koi bheda chhupe naa  
Mana mei naina hajaara.  
Jaga se chaahе bhaaga le koi  
Mana se bhaaga na paae  
*Toraa mana darpana . . .*

## Lakari Kaa Prataapa

Jite lakari marate lakari,  
Ajaba tamaashaa lakari kaa.  
Duniyaan vaalon sachha kahataa hun,  
Ye jagavaasaa lakari kaa.

Isa duniyaa mei jaba tu aayaa,  
Gari mili tujhe lakari ki.  
Paancha barasa ki umara bhai taba,  
Khelana laagaa khilaune se.

Bisa varsha ki umara bhai,  
Taiyaari hui byaahana ki.  
Baandha seharaa ghorī chaarhaa,  
Torana saaraa lakari kaa.

Varsha bhai jaba chaalisa ki,  
Phikara lagi burhaape ki.  
Saatha varsha ki umara bhai,  
Taba haatha sahaaraa lakari kaa.

Assi varsha ki umara bhai,  
Taiyaari hui aba chhalane ki.  
Chaarā janaa mila tujhe uthaayaa,  
Vamaana banaayaa lakari kaa.

Gangaa tata para jaakara rakhaa,  
Snaana karaayaa gangaa kaa.  
Niche lakari upara lakari,  
Chitaa banaayaa lakari kaa.

Aadhama-aadha sharira jalaa,  
Taba thosaa maaraa lakari kaa.  
Holi jaise phunka diyaa,  
Phira tukaraa daalaa lakari kaa.

Kahata kabira suno bhaai saadhu,  
Khela banaa saba lakari kaa.  
Dholaka lakari, baajaa lakari,  
Sitar banaayaa lakari kaa.

## Premi Patiton Kaa Daavaa

Gajaba kaa daavaa hai paapiyon kaa,  
Ajiba jida para machala rahe hai.  
Unhin se jhagare pai tula rahe hai  
Ki jinase trayaloka pala rahe hai.

Ye kaha rahe hai ki shyaamasundara,  
Adhama-udhaarana bane kahaa se?  
Khitaaba ham se hi naatha lekara  
Hamin se phira kyon badala rahe hai.

Gariba adhamon ke tuma ho premi,  
Ye baata muddata se suna rahe hai.  
Isi bharose pai tumase bhagavan,  
Jhagara rahe hai, machala rahe hai.

Hamaaraa prana hai ki paapa kara lei,  
Tumhaaraa prana hai ki paapa hara lei.  
Tuma apane vaade se tala rahe ho,  
Ham apane vaade pai chala rahe hai.

Nahi hai aankhon mei ashrudhaaraa,  
Tumhaari ulphata kaa ye asara hai.  
Pare the paapon ke dila mei chhaale,  
Jo 'bindu' bana kara nikala rahe hai.

## Rasa Gagana Guphaa Mei Ajara Jhare

Rasa gagana guphaa mei ajara jhare  
Bina baajaa jhankaara uthe,  
samujhi parai jana dhyaana dhare  
*Rasa gagana . . .*

Binaa taala jahan kamala khile,  
tehi charhi hamsaa keli kare  
Binaa chandaa ujiyaari darase,  
jahaa tahaa hamsaa najara parai  
*Rasa gagana . . .*

Dasaven dvaare taali laagi,  
alakha purushavaa ko dhyaana dhare  
Kaala karaala nikata nahi aave,  
kaama, krodha, mada-lobha jarai  
*Rasa gagana . . .*

Jugana-jugana ki trishaa bujhaati,  
karama-bharama adha vyaadhi tarai  
Kahata kabira suno bhaai saadho,  
amara hoya kabahun na karai  
*Rasa gagana . . .*





## Alamasta Ke Udgaara

Mai to ramataa jogi raama,  
meraa kyaa duniyaa se kaam

Haara maansa ki bani putaliyaa,  
upara jaraa hai chaam  
Dekha-dekha saba loga rijhaaven,  
mere upara raam  
*Mai to ramataa jogi raama . . .*

Maala khajaane baaga-bagiche,  
sundara mahala mukaam  
Eka palaka mei saba hi chhute,  
sanga chale na daam  
*Mai to ramataa jogi raama . . .*

Maata-pitaa aru bandhu pyaare,  
bhaai bahana suta dhaam  
Svaaratha kaa saba khela banaa hai,  
nahi isame aaraam  
*Mai to ramataa jogi raama . . .*

Dina-dina, pala-pala, chhina-chhina kaayaa,  
chhijata jaata tamaam  
'Brahmaananda' bhajana kara prabhu kaa,  
to paae vishraam  
*Mai to ramataa jogi raama . . .*

## Anaahata Ki Dhuna

Suno, dila ko lagaa pyaare, dhuni anahada ki hoti hai  
Amrita ki dhaara taalu mei sadaa mukha ko bhigoti hai

Baje hai baasuri, vinaa, shankha, ghariyaala miradangaa  
Garaja baadala ki hai bhaari karaka kara maila dhoti hai

Lage mana naada ke andara bhule tana ki khabara saari  
Hridaya ke bicha mei sundara prakata vo divya jyoti hai

Khule jaba drishti ke parade najara aave bhuvana saare  
Vo 'brahmaananda' ki lahari prema-rasa mei bhigoti hai

## Atthaarah Sadguna

*Sri raama jaya raama jaya jaya raama om.  
Sri raama jaya raama jaya jaya raama om.*

Prasannataa, nirmalataa, niyamitataa,  
Ashatrutaa, mitrataa, aarjavataa,  
Samaanataa, ekaagrataa, aroshataa,  
Yuktataa, namrataa, drirhataa,  
Ekataa, shaalinataa, udaaraatmataa,  
Abhyaasa karo nitya ina atthaarah gunon kaa,  
Paanaa chaaho shighra hi jo amarataa.  
Advitiya brahma hi eka satyataa,  
Aura saba samsaara hai mithya naataa.  
Paaoge amara dhaama anantataa kaa,  
Dekhoge agara vibhinnataa mei ekataa.  
Mile na yaha gyaana yunivarsiti mei,  
Kripaa ho guru ki mile shaashvataa.

## Aanandaanubhuti

Aanando'ham aanando'ham aanandam brahmaanandam  
Om sachchidaananda, om sachchidaananda,  
om sachchidaananda, om sachchidaananda.  
Om namah sivaaya, om namah sivaaya,  
om namah sivaaya, om namah sivaaya.  
Om namo naaraayanaaya, om namo naaraayanaaya,  
om namo naaraayanaaya.  
Om namo bhagavate vaasudevaaya,  
om namo bhagavate vaasudevaaya.  
Om aanandam, om aanandam,  
om aanandam, om aanandam.

## Kaise Chhuvai Prabhu Ke Charaniyaa

Kaise chhuvai prabhu ke charaniyaa,  
he mai to jaata ke bhilaniyaa

Naahi kailu gauvaa daana  
Naa kailu gangaa asanaana  
Naahi kailu devi darasaniyaa,  
he mai to jaata ke bhilaniyaa

Naahi kailun joga jaapa  
Naahi kailun pujaa paatha  
Naahi kailun tiratha asananiyaa,  
he mai to jaata ke bhilaniyaa

## Itanaa To Karanaa Svaami

Itanaa to karanaa svaami  
jaba praana tana se nikale  
Govinda naama lekara  
phira praana tana se nikale

Sri gangaaji kaa tata ho,  
yamunaa kaa vamsivata ho  
Meraa saamvaraa nikata ho  
jaba praana tana se nikale

Sri vrindaavana kaa sthala ho,  
mere mukha mei tulasidala ho  
Vishnu charana kaa jala ho  
jaba praana tana se nikale

Meraa saamvaraa kharaa ho  
bamsi kaa svara bharaa ho  
Tirachhaa charana dharaa ho  
jaba praana tana se nikale

Sira sohataa mukuta ho,  
mukhare pe kaali lata ho  
Yahi dhyaana mere ghata ho,  
jaba praana tana se nikale

Jaba kantha praana aave  
koi roga na sataave  
Yama darasa na dikhaave  
jaba praana tana se nikale

Meraa praana nikale tana se  
teraa naama nikale mukha se  
Bacha jaaun ghora duhkha se  
jaba praana tana se nikale

Usa vakta jaldi aanaa  
nahi shyaama bhula jaanaa  
Bamsi ki dhun sunaanaa  
jaba praana tana se nikale

## Jivana-Patha

Raahi socha samajha kara aanaa,  
Isa patha mei vishraama nahi hai,  
Au' kuchha bhi aaraama nahi hai,  
Jivana bhaara uthaa kara panthi,  
Dura bahuta hai jaanaa.

Unchaa nichaa patha hai tama hai,  
Aandhi hai tuphaana agama hai,  
Kalpanaa kaa samsaara nahi hai,  
Kathina bahuta barha jaanaa.

Phulon saa komala jivana hai,  
Madhu saa mithaa bholaapana hai,  
Isa jivana ke svapna rangile,  
Kathina unhe paa jaanaa.

Japa niyama au' samyama se,  
Gyaana ki jyoti jagaanaa,  
Dharma karma kaa liye sahaaraa,  
Lakshya para barhate jaanaa.  
Raahi socha samajha kara aanaa.

## Jo Kuchha Hai So Tu Hi Hai

Tumase hamane dila ko lagaayaa,  
jo kuchha hai so tu hi hai  
Eka tujhako apanaa paayaa,  
jo kuchha hai so tu hi hai

Sabake makaan dila kaa makin tu  
kauna-saa dila hai jisame nahi tu  
Hara eka dila mei tu hi samaayaa,  
jo kuchha hai so tu hi hai

Kyaa malayaa, kyaa kristaana,  
kyaa hindu, kyaa musalamaana  
Jaisaa chaahaa sabako banaayaa,  
jo kuchha hai so tu hi hai

Kaabaa mei kyaa, devala mei kyaa,  
teri parastisha hogi saba jaan  
Sabane tujhako sira hai jhukaayaa,  
jo kuchha hai so tu hi hai

Arsha se lekara pharsha jamin taka,  
aura jamin se arsha bari taka  
Jahaa bhi dekhaa tu hi nazara aayaa,  
jo kuchha hai so tu hi hai

Sochaa-samajhaa, dekhaa-bhaalaa,  
tujha jaisaa koi nazara na aayaa  
Aba yaha samajha mei 'saadhu' ke aayaa,  
jo kuchha hai so tu hi hai

## Kshamaa Yaachanaa

Namaami naaraayana dina bandho,  
Hare muraare karunaika sindho.  
Haro hamaare agha naatha saare,  
Prasida devesha jagannivaasa.

Na naatha vidyaa bala hai na shakti,  
na buddhi na shraddhaa na paadaabjabhakti.  
Prabho sahaaraa charanaambujon kaa,  
prasida devesha jagannivaasa.

Na taata-maataa, na subandhu bhraataa,  
Na putra-traataa apanaa dikhaataa.  
Binaa tumhaare hari kauna meraa,  
Prasida devesha jagannivaasa.

Tumhin pitaa, maatu, subandhu pyaare,  
tumhin suvidyaa dhana ho hamaare.  
Sakhe na rutho, aba maana jaao,  
prasida devesha jagannivaasa.

Kiye aneka agha haaya maine,  
Vichaara meraa mana kaampataa hai.  
Kshamaa karo paapa samasta mere,  
Prasida devesha jagannivaasa.



## Maanjhi

Maanjhi o maanjhi, o maanjhi  
Kitani dura kinaaraa re maanjhi  
dura nagariyaa jaanaa

Kaale kaale baadala chhaae  
Raha raha bijali chamakaate  
Bari tarange, lambaa dariyaa  
Dura dishaa ko jaanaa  
*Maanjhi o maanjhi . . .*

Kaama krodha ne mujhako gheraa  
Lobha moha kaa basaa baseraa  
Shaanta kinaaraa kahaa hai maanjhi  
Kitani dura kinaaraa  
*Maanjhi o maanjhi . . .*

Meraa koi mita nahi hai  
Gita nahi hai rita nahi hai  
Tu hi maalika meraa saba kuchha  
Apane ghara le chalanaa  
*Maanjhi o maanjhi . . .*

Tapati hun mai jalati hun mai  
Angaaron mei chalati hun mai  
Sudhaa sindhu ke kevata re  
Dura dishaa ko jaanaa  
*Maanjhi o maanjhi . . .*

Yuga yuga taka mai sanga rahungi  
He siva teraa rupa banungi  
Tu siva hai mai umaa tumhaari  
Mai teri tu mere rahanaa  
*Maanjhi o maanjhi . . .*



He siva apane haatha barhaao  
Khincha mujhe tuma paasa bithaao  
Paasa bithaao, eka banaa do  
Mai tuma mei tuma mujhamei rahanaa  
*Maanjhi o maanjhi . . .*

Maanjhi jaldi naava chalaanaa  
Tuphaana timira ke paara hai jaanaa,  
Le chala le chala paara re maanjhi  
Prema nagariyaa jaanaa  
*Maanjhi o maanjhi . . .*

## Aatma-Samarpana

Ye garaba bharaa mastaka meraa,  
Prabhu charana dhuli taka jhukane de, jhukane de.  
Ahamkaara vikaara bhare mana ko,  
Nija naama ki maalaa japane de, japane de.  
Mai mana ke maila ko dho na sakaa,  
Ye jivana teraa ho na sakaa, ho na sakaa.  
Mai gyaana ki baaton mei khoyaa,  
Aura karamahina para kara soyaa, para kara soyaa.  
Jaba aankha khuli to mana royaa,  
Jaga soye mujha ko jagane de, jagane de.  
Mai premi hun, itanaa na jhukaa,  
Gira bhi jo parun to uthane de, uthane de.  
Jaisaa bhi hun mai khotaa yaa kharaa,  
Niradosha sharana mei aa to gayaa, aa to gayaa.  
Eka baara ye kaha de khaali jaa,  
Yaa prita ki rita jhalakane de, jhalakane de.  
*Ye garaba bharaa . . .*

## Kehi Vidha Kara Samajhaaun

Mana! Tohe kehi vidha kara samajhaaun

1. Sonaa hoya to suhaaga mangaaun,  
bankanaala rasa laaun  
Gyaana shabda ki phunka chalaau,  
paani kara pighalaaun
2. Ghoraa hoya to lagaama lagaau,  
upara jina kasaaun  
Hoya savaara tere para baithun,  
chaabuka deke chalaau
3. Haathi hoya to janjira garhaaun,  
chaaron paira bandhaaun  
Hoya mahaavata tere para baithun,  
ankusha leke chalaau
4. Lohaa hoya to eran mangaaun,  
upara dhuvana ghumaaun  
Dhuvana ki ghanaghora machaaun,  
jantara taara khinchaaun
5. Gyaani hoya to gyaana sikhaaun,  
satya ki raaha chalaau  
Kahata kabira suno bhaai saadhu,  
amaraapura pahunchaaun



## Nirguna-Rasa

Murali kauna bajaavai ho,  
gagana-mandala ke bicha

Trikuti-sangama hoya kara,  
ganga-jamuna ke ghaata  
Vaa murali ke shabda se,  
sahaja rachaa bairaata  
*Murali kauna . . .*

Ganga-jamuna bicha murali baaje,  
uttara dishi dhuni hohi  
Vaa murali ki terahi suni-suni,  
rahi gopikaa mohi  
*Murali kauna . . .*

Jahan adhara daali hamsaa baithaa,  
chugata muktaa hira  
Aananda-chakavaa keli karata hai,  
maanasarovara tira  
*Murali kauna . . .*

Shabda-dhuna miradanga bajata hai,  
baaraha maasa basanta  
Anhad dhyaana akhanda aaturave,  
dhaarata saba hi santa  
*Murali kauna . . .*

Kaanhaa-gopi nritya karata hai  
charana-vapuhi binaa  
Naina binaa 'dariyaavaa' dekhe,  
aananda-rupa ghanaa  
*Murali kauna . . .*

## Nirguna Pada

Mere guru ne bataayo,  
bedhana bheda bataayo

Pahali bhikshaa anna ki laanaa,  
gaava nagariyaa paasa na jaanaa  
Hindu turki chhora ke laanaa,  
laanaa jholi bhara ke

Duji bhikshaa maasa ki laanaa,  
jiva jantu ke paasa na jaanaa  
Jindaa murdaa chhora ke laanaa,  
laanaa khappara bhara ke

Tiji bhikshaa jala ki laanaa,  
kuaan-baavari paasa na jaanaa  
Taala-talaiyaa chhora ke laanaa,  
laanaa tumbi bhara ke

Chauthi bhikshaa lakari laanaa,  
rukha vriksha ke paasa na jaanaa  
Gili-sukhi chhora ke laanaa,  
laanaa gatthara bhara ke

Kahata kabira suno bhai saadho,  
ye pada to niravaanaa  
Isa pada kaa jo artha karegaa,  
vo hai chatura sujaanaa

## Paristhitiyon Se Samajhautaa

Jaga chaara ghari kaa melaa hai  
Kuchha tu kaha le, kuchha mai kaha lun

Aaraama nahi, naa chaina yahaa,  
aramaana tarapate rahate hai,  
Duhkha-darda-musibata ke paudhe  
dina-raata panapate rahate hai.  
Moti jo lurhakate duniyaan mei,  
kuchha tu le le, kuchha mai le lun.

Hai tanga gali mana-jivana ki,  
ummida karaahaa karati hai,  
Palakon ki duniyaan mei baithi,  
takadira rulaayaa karati hai.  
Sva-lakshya para hai tuphaana uthaa,  
kuchha tu saha le, kuchha mai saha lun.

## More Avagunaa Chita Na Dharo

Prabhu! More avaguna chita na dharo  
Sama-darasi hai naama tihaaro, chaahe to paara karo

Eka nadiyaa eka naara kahaavata mailo hi nira bharo  
Jaba milakara ke eka barana bhai surasari naama paryo

Ika lohaa pujaan mei raakhata, ika ghara badhika paryo  
Paarasa guna avaguna nahi chitavata,  
kanchana karata kharo

Yaha maayaa bhrama jaala kahaavata suradaasa sagaro  
Abaki bera mohi paara utaaro, nahi, prana jaata taro

## Prabhu Ki Sarvavyaapakataa

Moko kahaa tu dhundhe bande,  
mai to tere paasa mei.

Nahi rahun mai jhagari-bigari mei,  
na chhuri garaasa mei.  
Nahi rahun mai khaala roma mei,  
na haddi, na maamsa mei.

Na devala mei, na masjida mei,  
na kaashi kailaasha mei.  
Nahi rahun mai avadha dvaarikaa,  
meri bhenta vishvaasa mei

Nahi rahun mai kriyaa karama mei,  
na viraaga sannyaasa mei.  
Khojoge to abhi milungaa,  
pala bhara ki talaasha mei.

Shahara ke baahara deraa hamaaraa,  
kutyaa meri savaasa mei.  
Kahata 'kabira' suno saadho,  
saba santana ke paasa mei.



Brahmaanandam paramasukhadam kevalam gyaanamurtim  
Dvandvaatitam gaganasadrisham tattvamasyaadilakshyam  
Ekam nityam vimalamachalam sarvadhisaakshibhutam  
Bhaavaatitam trigunarahitam sadgurum tam namaami

## Sabhi Chale Jaayenge

Manuaa, jaaoge mai jaani

Raajaa jahihai raaja karana tei,  
rupa karana tei raani  
Chaanda bhi jaihai, suraja bhi jaihai,  
jaihai havaa aura paani

Manusha janma mahaa ati duralabha,  
tu samajho abhimaani  
Paapa-kapata ki nadi bahata hai,  
bure gyaani dhyaani

Jogi jaihai, jangama jaihai,  
jaihai bare-bare gyaani  
Kahata 'kabira' eka santa na jaihai,  
jaake chitta thaharaani

## Kuchha Lenaa Na Denaa

Kuchha lenaa na denaa magana rahanaa

Paancha tattva kaa hai yaha pinjaraa,  
Jaa mei bole meri maiaa.

*Kuchha lenaa . . .*

Gahari nadiyaa naava puraani,  
Kevatiyaa se mile rahanaa.

*Kuchha lenaa . . .*

Kahata kabira suno bhai saadho,  
Guru ke charana mei lipata rahanaa.

*Kuchha lenaa . . .*

## Sahaja Samaadhi

1. Saadho sahaja samaadhi bhali.  
Guru-prataapa jaa dina se jaagi,  
Dina-dina adhina chali.
2. Jahan jahan dolaun so parikaramaa,  
jo kuchha karaun so sevaa.  
Jaba sovaun taba karaun dandavata,  
pujaun aura na devaa.
3. Kahaun so naama, sunaun so sumirana,  
khaamva piyaun so pujaa.  
Griha, ujaara eka sama lekhn,  
bhaava mitaavaun dujaa.
4. Aankha na mundaun, kaana na rundhaun,  
tanika kashta nahi dhaaraun.  
Khule naina pahichaanaun hamsi hamsi,  
sundara rupa nihaaraun.
5. Shabda nirantara se mana laagaa,  
malina vaasanaa tyaagi.  
Uthata baithata kabahun na chhutai,  
aisi taari laagi.
6. Kaha 'kabira' yaha unamuni rahani,  
so paragata kari-gaai.  
Duhkha sukha se koi pare parama pada,  
tehi pada rahaa samaai.



## Sivo'ham

Sivo'ham sivo'ham sivo'ham sivo'ham  
Vahi aatmaa satchidananda mai hun  
Amara aatmaa satchidananda mai hun  
Sivo'ham sivo'ham sivo'ham sivo'ham

Akhila vishva kaa jo parama aatmaa hai,  
Sabhi praaniyon kaa vahi aatmaa hai,  
*Vahi aatmaa . . .*

Amara aatmaa hai, maranashila kaayaa,  
Sabhi praaniyon ke jo bhitara samaayaa,  
*Vahi aatmaa . . .*

Jise shastra kaate, na agni jalaaye,  
Bujhaaye na paani, na mrityu mitaaye,  
*Vahi aatmaa . . .*

Hai taaron-sitaaron mei aaloka jisakaa,  
Hai chandaa va suraja mei aabhaasa jisakaa,  
*Vahi aatmaa . . .*

Jo vyaapaka hai kana-kana mei hai vaasa jisakaa,  
Nahi tinon kaalon mei ho naasha jisakaa,  
*Vahi aatmaa . . .*

Ajara au' amara jisako vedon ne gaayaa,  
Yahi gyaana arjuna ko hari ne sunaayaa,  
*Vahi aatmaa . . .*

## Saadhaka Ke Svara

Karo rakshaa vipatti se,  
na aisi praarthanaa meri  
Vipata se bhaya nahi paaun,  
prabhu yaha praarthanaa meri

Mile duhkha taapa se shaanti,  
na aisi praarthanaa meri  
Sabhi duhkha se vijaya paaun,  
prabhu yaha praarthanaa meri

Madada para koi aa jaave,  
na aisi praarthanaa meri  
Na tute aatma bala dori,  
prabhu yaha praarthanaa meri

Uthaa le bhaara tu meraa,  
na aisi praarthanaa meri  
Banun samaratha uthaane mei,  
prabhu yaha praarthanaa meri

Barhe dhana dhaanya parivaaraa,  
na aisi praarthanaa meri  
Rahum samabhaavi santoshi,  
prabhu yaha praarthanaa meri

Mile mantra tantra ki siddhi,  
na aisi praarthanaa meri  
Khile bhakti se shakti vaha,  
prabhu yaha praarthanaa meri

Sukhi dina mei bhajun tujhako  
duhkhi andheri raatri mei  
Na aave tuma prati shankaa,  
prabhu yaha praarthanaa meri

## Nirguna Kaa Bangalaa

Bangalaa khuba banaa mahaaraaja,  
jisame naaraayana bole.

Pancha tattva ki inta thapaai,  
tina guno kaa gaaraa,  
Raama naama ki karani banaai,  
saamvariya chejaaraa.

Isa bangale mei dasa daravaaje,  
bicha pavana kaa khambhaa,  
Aavata-jaavata kou nahi dekhaa,  
yahi eka achambhaa.

Isa bangale mei baaga lagaayaa  
aura lagi phulavaari,  
Kachchaa, pakkaa kuchha naa dekhaa,  
tora liyaa giradhaari.

Eka achambhaa hamane dekhaa,  
naari purusha kaa joraa,  
Kahata kabira suno bhai saadho,  
jina joraa tina toraa.



## Tu Ne Raata Gavaayi

Tu ne raata gavaayi soi ke, divasa gavaayaa khaai ke  
Hiraa janama amola thaa, kauri badale jaaya re  
*Tu ne raata . . .*

Sumirana lagana lagaai ke, mukha se kuchha na bola re  
Baahara ke pata banda karake, andara ke pata khola re  
*Tu ne raata . . .*

Maalaa pherata juga gayaa, gayaa na mana kaa phera re  
Kara kaa manakaa chora ke, mana kaa manakaa phere re  
*Tu ne raata . . .*

Duhkha mei sumirana saba karei sukha mei kare na koya re  
Jo sukha mei sumirana kare to duhkha kaahe ko hoya re  
*Tu ne raata . . .*

## Sumirana Kyon Chhuraa?

Raama-naama japana kyon chhora diyaa  
Hari-naama japana kyon chhora diyaa

Krodha na chhuraa, jhutha na chhuraa,  
Satya vachana kyon chhora diyaa.  
Jhuthe jaga mei dila lalachaa kara,  
Asala vachana kyon chhora diyaa.

Kauri ko to khuba sambhaalaa,  
Laala ratana kyon chhora diyaa.  
Jihi sumirana te ati sukha paave,  
So sumirana kyon chhora diyaa.

## Ura Rahaa Hai Hamsa Meraa

Ura rahaa hai hamsa meraa ura rahaa.

Yuga-yugon se pankha khole

Khojataa apanaa baseraa.

*Ura rahaa . . .*

Ura rahaa hai hamsa meraa ura rahaa.

Vishva ke saba gyaaniyon se sikha kara vigyaana bhi,

Devataaon kaa hridaya mei dhaarakara varadaana bhi,

Ura rahaa bechaina hokara tina lokon kaa chiteraa,

*Ura rahaa . . .*

Ura rahaa hai hamsa meraa ura rahaa.

Ura rahaa hai aura urataa jaa rahaa aviraama hai,

Dekhataa lilaa jagat ki, bhoga se uparaama hai,

Jaa rahaa hai priya-milana ko nila nabha mei vaha akelaa.

Ura rahaa hai hamsa meraa ura rahaa.

## Ishvara Aaraadhanaa

He jaga-traataa, vishva-vidhaataa,

He sukha-shaanti-niketana he!

Prema ke sindho, dina ke bandho,

Duhkha-daaridrya-vinaashana he!

Nitya, akhanda, ananta, anaadi,

Purana brahma, sanaatana he!

Jaga-aashraya, jaga-pati, jaga-vandana,

Anupama, alakha niranjana he!

Praanasakhaa, tribhuvana-pratipaalaka,

Jivana ke avalambana he!

## Vairaagya-Shikshaa

Aba chhora musaafira, maayaanagara,  
Aba prema-nagara mei jaanaa hai.  
Isa duniyaan kaa safara baraa hai,  
Jivana kaa kauna thikaanaa hai.

Putra-pitaa koi nahi apanaa,  
Maayaa racha kara jhuthaa sapanaa.  
Chala musaafira, kadama-kadama para  
Jaga kaa danda chukaanaa hai.

Aalama saaraa jaa rahaa hai,  
Teraa dina bhi aa rahaa hai.  
Chala musaafira, kadama-kadama para  
Jaga kaa danda chukaanaa hai.

## Mrityunjaya Maanasika Pujaa

Pade pade sarvatamonikrintanam,  
Pade pade sarvashubhapradaayakam.  
Pradakshinam bhaktiyutena chetasaa,  
Karomi mrityunjaya raksha raksha maam.

Namo gaurishaaya sphatikadhavalaangaaya cha namo  
Namo lokeshaaya stutavibudhalokaaya cha namah.  
Namah sri kanthaaya kshapitapuradaityaaya cha namo  
Namah phaalaakshaaya smaramadavinaashaaya cha namah.

## Agara Bam

Agara-bam agara-bam baaje damaru  
Naache sadaasiva jagata guru

Naache brahmaa, naache vishnu,  
naache mahaadeva  
Khappara lekara kaali naache,  
hara hara mahaadeva

Naache brahmaa, naache vishnu,  
naache mahaadeva  
Vinaa lekara naarada naache,  
hara hara mahaadeva

Naache gopi, naache gvaala,  
naache baladeva  
Kaaliya-phana para kaanhaa naache,  
hara hara mahaadeva

Ham bhi naachen, tuma bhi naacho,  
naache samsaara  
Raasa rachaa kara rasiyaa naache  
brajavaasina ke saatha



## Mai Niraguniyaan

Mai niraguniyaan guna nahi jaanaa  
Eka dhani ke haatha bikaanaa

Soi prabhu pakkaa mai ati kachchaa  
Mai jhuthaa, meraa saahaba sachchaa

Mai ochhaa, meraa saahaba puraa  
Mai kaayara, meraa saahaba suraa

Mai murakha, meraa saahaba gyaataa  
Mai kirapina meraa saahaba daataa

‘Dharani’ mana maano ika thaaun  
So prabhu jivo, mai mari jaaun

## Kripaa Ki Na Hoti

Kripaa ki na hoti jo aadata tumhaari  
To suni hi rahati adaalata tumhaari

Jo dinon ke dila mei jagaha tuma na paate  
To kisa dila mei hoti hiphaajata tumhaari

Garibon ki duniyaa hai aabaada tumase  
Garibon se hai baadashaahata tumhaari

Na maalika hi hote, na tuma hote haakima  
Na ghara-ghara mei hoti ibaadata tumhaari

Tumhaare hi ulphata ke driga ‘bindu’ hai ye  
Tumhen saumpate hai amaanata tumhaari



## Bhagavad-Bhakta Ke Anubhaava

Hara aana hamsi, hara aana kushi,  
Hara vakhta amiri hai baabaa.  
Jaba aashika masta phakira hue,  
Phira kyaa dilagiri hai baabaa.

Hai aashika aura maashuka jahaa,  
Vaa shaaha-vajiri hai baabaa.  
Na rona hai, na dhona hai,  
Na darde asiri hai baabaa.

Dina-raata bahaare-chuhale hai,  
Au' esha saphiri hai baabaa.  
Jo aashika hue so jaane hai,  
Yaha bheda phakiri hai baba.

Kuchha julma nahi, kuchha jora nahi,  
Kuchha daada nahi, phariyaada nahi.  
Kuchha kaida nahi, kuchha banda nahi,  
Kuchha jabra nahi, aazaada nahi.

Shaagirda nahi, ustaada nahi,  
Biraana nahi, aabaada nahi.  
Hai jitani baate duniyaa ki,  
Saba bhula gaye, kuchha yaada nahi.

Jisa samta nazara kara dekhe hai,  
Usa dilavara ki phulavaari hai.  
Kahi sabji ki hariyaali hai,  
Kahi phulon ki gulakyaari hai.

Dina-raata magana khusha baithe hai,  
Aura aasa usi ki bhaari hai.  
Basa, aapa hi vo daataari hai,  
Aura aapa hi vo bhandaari hai.

Hama chaakara jisake husna ke hai,  
Vaha dilavara sabase aalaa hai.  
Usane hi hamako ji bakhshaa,  
Usane hi hamako paalaa hai.

Dila apanaa bholaa-bhaalaa hai,  
Aura, ishka baraa matavaalaa hai  
Kyaa kahiye 'najira' aage,  
Aba kauna samajhane vaalaa hai.

## Saba Bhaara Tumhaare Haathon Mei

Jivana kaa maine saupa diyaa,  
saba bhaara tumhaare haathon mei.  
Uddhaara patana aba meraa hai,  
sarakaara tumhaare haathon mei.

Hama tumako kabhi nahi bhajate,  
tuma hamako kabhi nahi tajate.  
Apakaara hamaare haathon mei,  
upakaara tumhaare haathon mei.

Hama mei tuma mei hai bheda yahi,  
hama nara hai tuma naaraayana ho.  
Hama hai samsaara ke haathon mei,  
samsaara tumhaare haathon mei.

Driga bindu banaayaa karate hai,  
ika setu viraha ke saagara mei.  
Majhadhaara ke haathon mei hama hai,  
patavaara tumhaare haathon mei.

## Soma Sudhaa Barasaayen

Saamagaana saba jana mila gaayen,  
Soma sudhaa barasaayen.

Gaaye paavana veda bhaarati,  
Jana-gana-mana harashaayen,  
Soma sudhaa barasaayen.

Aao aananda-ghana prabhu aao,  
Mana-mandira mei aana samaao.  
Teri vaani, tere hi svara,  
Teri mahimaa gaayen,  
Soma sudhaa barasaayen.

Aao priyajana yagya vedi para,  
Veda richaaye gaayen.  
Apani svara-dhaaraayen prabhu ke  
Svara saagara milaayen,  
Soma sudhaa barasaayen.



## Maadhurya Yoga Ke Anubhaava

Jaba umaraa dariyaa ulphata kaa,  
Hara chaara tarapha aabaadi hai.  
Hara raata nai ika shaadi hai,  
Hara roja mubaarakabaadi hai.

Khusha khandaa hai rangi gula kaa,  
Khusha shaadi shaada muraadi hai.  
Bana suraja aapa darakhashaa hai,  
Khuda jangala hai, khuda baadi hai.

Nita raahata hai, nita pharahata hai,  
Nita ranga naye, aajaadi hai.

Hara raga-reshe mei, hara mu mei,  
Amrita bhara-bhara bharapura huaa.  
Saba kulaphata dura hui apani,  
Mana shaadi marga se chura huaa.

Hara varga badhaaiyaan detaa hai,  
Hara jarraha-jarraha tura huaa.  
Jo hai, so hai apanaa majahara,  
Khvaaha aabi naari baadi hai.

Kyaa thandaka hai, kyaa raahata hai,  
Kyaa shaadi hai, aajaadi hai.

Rimajhima-rimajhima aansu barase,  
Yaha abra bahaare detaa hai.  
Kyaa khuba maze ki baarisha mei,  
Vaha lutpha vasla kaa leta hai.

Kishti mauzon mei dube hai,  
Badamasta use kaba khetaa hai.  
Yaha garkaabi hai ji uthanaa,  
Mata jhijhako, uph, barabaadi hai.

Kyaa thandaka hai, kyaa raahata hai,  
Kyaa shaadi hai, aajaadi hai.

Maatama, ranjuri, bimaari,  
Galati, kamajori, naadaari.  
Thokara unchaa-nichaa mihanata  
Jaati hai ina para zaa vaari.

Ina sabaki madadon ke baais,  
Chashmaa masti kaa hai jaari.  
Guma shira ki shirin tuphon mei,  
Koha aura teshaa pharahaadi hai.

Kyaa thandaka hai, kyaa raahata hai,  
Kyaa shaadi hai, aajaadi hai.

Isa marane mei kyaa lajjata hai,  
Jisa muha ko chaata lage isaki.  
Thuke hai shaahanshaahi para,  
Saba nemata daulata ho phiki.

Maya chaahiye dila, sira de phunko,  
Aura, aaga jalaa bhatti ki.  
Kyaa sastaa vaadaa bikataa hai,  
'Le lo' kaa shora munaadi hai.

Kyaa thandaka hai, kyaa raahata hai,  
Kyaa shaadi hai, aajaadi hai.

Illata maalula mei mata dubo,  
Saba kaarana-kaarya tuma hi ho.  
Tuma hi daphtara se khaariza ho,  
Aura lete chaaraja tuma hi ho.

Tuma hi masarupha bane baithe,  
Aura hote haajira tuma hi ho.  
Tu daavara hai, tu bukalaa hai  
Tu paapi, tu phariyaadi hai.

Nita raahata hai, nita pharahata hai,  
Nita ranga naye aazaadi hai.

Dina shaba kaa jhagaraa naa dekhaa,  
Go suraja kaa chitthaa sira hai.  
Jaba khulati dida-e-raushana hai,  
Hangaamaa-e-khvaaba kahaa phira hai.

Aananda sarura samandara hai,  
Jisakaa aagaaja, na aakhira hai.  
Saba raama pasaaraa duniyaan kaa,  
Jaadugara ki ustaadi hai.

## Jaaga Musaaphira Bhora Bhai

1. Utha jaaga musaaphira bhora bhai,  
Aba raina gai kyon sovata hai.  
Jo sovata hai so khovata hai,  
Jo jaagata hai so paavata hai.
2. Tuka ninda se ankhiyaan khola jaraa,  
O gaaphila, raba se dhyaana lagaa.  
Yaha prita karana ki rita nahi,  
Raba jaagata hai, tu sovata hai.
3. Aya jaana, bhugata karani apani,  
O paapi, paapa se chaina kahaa?  
Jaba paapa ki gathari sisa dhari,  
Phira sisa pakara kyon rovata hai?
4. Jo kaala kare so aaja kara le,  
Jo aaja kare so aba kara le.  
Jaba chiriyaana kheta chugi daali,  
Phira pachhataaye kyaa hovata hai?

## Viraata Ki Vandanaa

Aanandaloke mangala-loke viraaaje satya sundaram.

Mahimaa tava udbhaashita mahaagagana madhye;  
Vishva jagat mani-bhushana veshthita charane.

Graha taaraka chandra divaakara vyaakula druta vege;  
Karate paana, karate snaana akshaya kirane.

Dharani para jhare nirjhara mohana madhu shobhaa;  
Phula pallava gita gita gandha sundara varane.

Bahe jivana rajani-dina chira nutana dhaaraa;  
Karunaa tava nritya nirantara janme-marane.

Sneha prema karunaa bhakti se komala karo praana;  
Atisaantvanaa karo varshana santaapa harane.

Jaga mei tava nitya mahotsava vandana kare vishva;  
Sri-sampad bhumaaspada nirbhaya sharane.



## Mere Sachche Dila Mei Lagana Lagi

Mere sachche dila me lagana lagi,  
bhagavaana milenge kabhi na kabhi  
Suraja mei nahi, chandaa mei nahi,  
taaron mei milenge kabhi na kabhi  
Mandira mei nahi, masajida mei nahi,  
hridaya mei milenge kabhi na kabhi  
Mere sachche dila mei lagana lagi,  
bhagavaana milenge kabhi na kabhi  
Aakaasha nahi, paataala nahi,  
dharati mei milenge kabhi na kabhi  
Mere sachche dila mei lagana lagi,  
bhagavaana milenge kabhi na kabhi  
Phulon mei nahi, pattiyon mei nahi,  
kaliyon mei milenge kabhi na kabhi  
Mere sachche dila mei lagana lagi,  
bhagavaana milenge kabhi na kabhi

## Tero Naama Omkaara

Tero naama omkaara, tero naama omkaara  
Tero naama omkaara, tero naama omkaara  
Tu sat tu chit aananda tu hi  
Tu apaara, tu apaara, niraakaara nirvikaara  
Bindu bhi tu sindhu bhi tu  
Tu apaara, tu apaara, niraakaara nirvikaara  
Tu hi brahmaa, tu hi vishnu  
Niraakaara nirvikaara, niraakaara nirvikaara  
Tu hi gagana, tu hi pavana  
Ati aananda, ati aananda.



## Sachchaa-Sukha

Milataa hai sachchaa sukha kevala,  
Bhagavaan tumhaare charanon mei.  
Yaha vinati hai pala pala chhina chhina,  
Ho dhyaana tumhaare charanon mei.

Yaa bairi kula samsaara bane,  
Yaa mauta gale kaa haara bane.  
Yaa jivana mujha para bhaara bane,  
Ho dhyaana tumhaare charanon mei.

Sankata ne mujhako gheraa ho,  
Yaa chaaron ora andheraa ho.  
Para mana nahi dagamaga meraa ho,  
Ho dhyaana tumhaare charanon mei.

Agni mei mujhako jalanaa ho,  
Kaanto para mujhako chalanaa ho.  
Yaa desha tyaaga hi karanaa ho,  
Ho dhyaana tumhaare charanon mei.

Jihvaa para teraa naama rahe,  
Tu yaada subaha au' shaama rahe.  
Teri yaada mei aathon yaama rahe,  
Ho dhyaana tumhaare charanon mei.



## Ai Maalika Tere Bande Ham

Ai maalika tere bande ham,  
Aise ho hamaare karam  
Neki para chale aura badi se tale  
Taaki hamsate hue nikale dam

Ye andheraa ghanaa chhaa rahaa,  
Teraa imsaana ghabaraa rahaa  
Ho rahaa bekhagara kuchha na aataa najara  
Sukha kaa suraja chhupaa jaa rahaa  
Hai teri roshani mei jo dam,  
Tu amaavasa ko kara de punam  
Neki para chale aura badi se tale  
Taaki hamsate hue nikale dam  
Ai maalika tere bande ham,

Jaba julmon kaa ho saamanaa,  
Taba tu hi hame thaamanaa  
Vo buraai kare, hama bhalaai kare  
Nahi badale ki ho kaamanaa  
Barha uthe pyaara kaa hara kadam,  
Aura mite baira kaa ye bharam  
Neki para chale aura badi se tale  
Taaki hamsate hue nikale dam  
Ai maalika tere bande ham

Baraa kamajora hai aadami,  
Abhi laakhon hai isme kami  
Para tu jo kharaa hai dayaalu baraa  
Teri kirapaa se dharati thami  
Diyaa tune hame jaba janam,  
Tu hi jhelegaa hama saba ke gama  
Neki para chale aura badi se tale  
Taaki hamsate hue nikale dam  
Ai maalika tere bande ham

## Nirbala Ke Praana

Nirbala ke praana pukaara rahe,  
jagadisha hare jagadisha hare  
Shvaason ke svara jhankaara rahe,  
jagadisha hare jagadisha hare

Aakaasha-himaalaya saagara mei,  
prithvi-paataala-charaachara mei  
Yaha madhura bola gunjaara rahe,  
jagadisha hare jagadisha hare

Jaba dayaa-drishti ho jaati hai,  
sukhi kheti hariyaati hai  
Shvaasa pe jana uchchaara rahe,  
jagadisha hare jagadisha hare

Sukha-duhkha ki chintaa koi nahi,  
bhaya hai vishvaasa na jaaya kahi  
Tute na, lagaa yaha taara rahe,  
jagadisha hare jagadisha hare



## Dehaanubhuti

Mata socha samajha kala kyaa hogaa  
Hogaa to vahi honaa hogaa

1. Pala mei paralaya ho jaayegi  
Aura thaata pare raha jaayenge
2. Ye rupa javaani jaayegi,  
Aura raakha pari raha jaayegi.
3. Isa chamaka-damaka ko dekha are!  
Hamsataa kyon hai, ronaa hogaa
4. Tu muththi baandhe aayaa thaa  
Aura haatha pasaare jaayegaa
5. Yaha chaara dinon ki chaandani hai  
Phira to andheraa honaa hai
6. Jaba maaluma hai ki jaanaa hai  
Phira kyon matavaalaa hotaa hai
7. Isa tu-tu, mai-mai mei apanaa  
Kyon avasara vyartha gavaataa hai
8. Kuchha ishvara chintana kara lenaa  
Nahi to pachhataanaa shesha hi hai
9. Jalati batti bujha jaayegi  
Aura khvaaba sabhi raha jaayenge
10. Ina mahalon mei kyaa rakhaa hai  
Ye to eka dina gira jaayenge
11. Yaha jagat to eka saraaya hi hai  
Phira kyon isame tu ramataa hai
12. Ye kaara khari raha jaayegi  
Aura paint tange raha jaayenge

13. Chalati chakki ruka jaayegi  
Aura pankhe bhi ruka jaayenge
14. Jo majaa hai usako bhajane mei  
Vaha kahi nahi mila paayegaa
15. Saba kuchha karake tune dekhaa  
Kyaa paara lagi teri naiyaa
16. Aba yaha bhi karake dekha jaraa  
Isamei paanaa hi paanaa hai

## Fakira Ki Alakha

Mana laago mero yaara fakiri mei.

Jo sukha paaun raama bhajana mei,  
So sukha naahi amiri mei.  
Bhalaa-buraa sabakaa suni lijai,  
Kari guzaraana garibi mei.  
*Mana . . .*

Prema nagara mei rahani hamaari,  
Bhali bani aai saburi mei.  
Haatha mei kundi, bagala mei sontaa,  
Chaaron disa jaagiri mei.  
*Mana . . .*

Aakhira yaha tana khaaka milegaa,  
Kahaa phirata magaruri mei.  
Kahata 'kabira' suno bhaai saadho,  
Saaheba mile saburi mei.  
*Mana . . .*

## Ghara Kaa Dipaka Baara Manavaa

Ghara kaa dipaka baara manavaa,  
mana kaa dipaka baara.

Jyoti andara ki jo jaage,  
Mite jagat andhiyaara,

*Ghara kaa dipaka baara . . .*

Ye tana hi hai teraa mandira.

Base devataa tere andara.

Arpana kara usake charanon mei

Bhakti-bhaava upahaara,

*Ghara kaa dipaka baara . . .*

Nirmala kara le mana kaa aangana,

Apane mei kara prabhu kaa darshana.

Aayegaa niraajana karane

Suraja tere dvaara.

*Ghara kaa dipaka baara . . .*

## Tuma Chandana Hama Paani

Prabhuji! Tuma chandana hama paani  
Jaaki anga anga baasa samaani

1. Prabhuji, tuma ghana bana hama moraa  
Jaise chitavata chanda chakoraa
2. Prabhuji, tuma dipaka, hama baati  
Jaaki joti barai dina raati
3. Prabhuji, tuma moti, hama dhaagaa  
Jaise sonahi milata suhaagaa
4. Prabhuji, tuma svaami hama daasaa  
Aisi bhakti karai raidaasaa

## Hai Bahaare Baaga Duniyaa Chanda Roja

Hai bahaare baaga duniyaa chanda roja  
Dekha lo isakaa tamaashaa chanda roja  
Ai musaaphira, kucha kaa saamaana kara  
Isa jahaa mei hai baseraa chanda roja  
Puchhaa lukamaan se 'jiyaa tu kitane roja'?  
Daste-hasarata mala ke bolaa 'chanda roja'  
Baada madaphana kabra mei boli kajaa-  
Aba yahaa pai sote rahanaa chanda roja  
Phira tuma kahaa au' mai kahaa ai doston!  
Saatha hai meraa-tumhaaraa chanda roja  
Kyon sataate ho dile bejurma ko  
Jaalimo, hai yaha jamaanaa chanda roja  
Yaada kara tu ai najira kabron ke roja  
Jindagi kaa hai bharosaa chanda roja



## Divyaanubhava

Santo, aba chauthaa pada paayaa

Naabhi-kamala se surataa chaali,

sulataa dama ulataayaa

Trikuti mahala ki khabara pari jaba,

aasana adhara jamaayaa

Jaagrata svapna sushupti jaani,

turiyaa taara milaayaa

Antara anubhava taali laagi,

shunya mandala mei samaayaa

Chaali surataa charhi gagana para,

anahada naada bajaayaa

Rum-jhum, rum-jhum ho ranakaaraa,

vaa mei surata samaayaa

Devi deva vahaa kachhu naahi,

nahi dhupa nahi chhaayaa

‘Raamadaasa’ charane bhane

bahaadura shaa nirakhaa amara ajaayaa





## Hari Om Tatsat

Hari om tatsat, hari om tatsat  
Mahaamantra hai ye japaakara japaakara

Himaachala kumaari ne sivaji se puchhaa,  
Kaho kauna-saa mantra kalyaanakaari?  
Umaa se kahaa siva ne tatkshana dayaakara,  
Mahaamantra hai eka kalyaanakaari,  
Hari om tatsat, hari om tatsat.

Dushto ne lohe kaa khambhaa rachaa thaa,  
To prahlaada nirdosha kyon phira bachaa thaa?  
Ki thi vinaya eka svara se jo usane,  
Hari om tatsat, hari om tatsat.

Lagi aaga lankaa mei halachala machi thi,  
Vibhishana ki kutiyaa phira kaise bachi thi?  
Likhaa thaa yahi mantra kutiyaa pe unaki,  
Hari om tatsat, hari om tatsat.

Kaho naatha shabari ke ghara kyon the aaye,  
Jo aaye to kyon bera juthe the khaaye.  
Adhara para yahi thaa hridaya mei yahi thaa,  
Hari om tatsat, hari om tatsat.

Sabhaa mei khari draupadi ro rahi thi,  
Vo ro ro ke aamsu se mukha dho rahi thi.  
Pukaaraa thaa usane yahi naama dila se,  
Hari om tatsat, hari om tatsat.

# Gayatri



## Devi Gayatri

### Gayatri Mantra

Om bhurbhuvah suvah tatsaviturvarenyam  
Bhargo devasya dhimahi dhiyo yo nah prachodayaat

*Chant this mantra at sunrise at least 11 times for attaining peace, perfection and immortality. Meditate on Gayatri, Guru or Om while chanting*

### Shakti Gayatri

Om sarvasammohinyai vidmahe vishvajananyai dhimahi  
Tanno shaktih prachodayaat

### Radhika Gayatri

Om vrishabhaanujaayai vidmahe krishnaapriyaayai dhimahi  
Tanno raadhikaa prachodayaat

### Lakshmi Gayatri

Om mahaadevyai cha vidmahe vishnupriyaayai cha dhimahi  
Tanno lakshmih prachodayaat

### **Durga Gayatri**

Om kaatyaayanyai cha vidmahe kanyaakumaaryai cha dhimahi  
Tanno durge prachodayaat

### **Bhagavati Gayatri**

Om mahaashulinyai vidmahe mahaadurgaayai dhimahi  
Tanno bhagavati prachodayaat

### **Sarasvati Gayatri**

Om vaagdevyai cha vidmahe brahmapatnyai cha dhimahi  
Tanno devi prachodayaat

*For gaining knowledge and wisdom*

### **Kali Gayatri**

Om kaalikaayai cha vidmahe shmashaan vaasinyai dhimahi  
Tanno aghoraa prachodayaat

### **Annapurna Gayatri**

Om bhagavatyai cha vidmahe maheshvaryai cha dhimahi  
Tanno annapurnaa prachodayaat

## **Krishna Gayatri**

### **Krishna Gayatri**

Om devakinandanaaya vidmahe vaasudevaaya dhimahi  
Tanno krishnah prachodayaat

### **Gopala Gayatri**

Om gopaalaaya vidmahe gopijana vallabhaaya dhimahi  
Tanno gopaalah prachodayaat

## **Guru Gayatri**

### **Guru Gayatri**

Om gurudevaaya vidmahe parabrahmane dhimahi  
Tanno guruh prachodayaat

### **Sivananda Gayatri**

Om tatpurushaaya vidmahe sivanandaya dhimahi  
Tanno brahma prachodayaat

### **Satyananda Gayatri**

Om paramahamsaavadhutaaya vidmahe  
satyanandaya dhimahi  
Tanno guru prachodayaat

## **Siva Gayatri**

### **Rudra Gayatri**

Om tatpurushaaya vidmahe mahaadevaaya dhimahi  
Tanno rudrah prachodayaat

### **Dakshinamurti Gayatri**

Om dakshinaamurtaye vidmahe dhyaanasthaaya dhimahi  
Tanno dhishah prachodayaat

### **Nandikeshvara Gayatri**

Om tatpurushaaya vidmahe nandikeshvaraaya dhimahi  
Tanno vrishabhah prachodayaat

## Vishnu Gayatri

### Parashuraama Gayatri

Om jaamadagnyaaya vidmahe mahaaviraaya dhimahi  
Tanno parashuraamah prachodayaat

### Vishnu Gayatri

Om naaraayanaaya vidmahe vaasudevaaya dhimahi  
Tanno vishnuh prachodayaat

### Garuda Gayatri

Om tatpurushaaya vidmahe suvarnapaksaaya dhimahi  
Tanno garudah prachodayaat

## Rama Gayatri

### Rama Gayatri

Om dasharathaاتمajaaya vidmahe sitaavallabhaaya dhimahi  
Tanno raamah prachodayaat

### Hanumat Gayatri

Om aanjaneyaaya vidmahe vaayuputraaya dhimahi  
Tanno hanumaan prachodayaat

*Perform the worship of Hanuman with faith and devotion*



## Miscellaneous Gayatri

### Ajapa Gayatri

Om hamsa hamsaaya vidmahe so'ham hamsaaya  
dhimahi  
Tanno hamsah prachodayaat

### Surya Gayatri

Om bhaaskaraaya vidmahe sahasrakiranaaya dhimahi  
Tanno bhaanuh prachodayaat  
*Chant 24 times in the morning facing the sun*

### Hamsa Gayatri

Om hamsa hamsaaya vidmahe paramahamsaaya  
dhimahi  
Tanno hamsah prachodayaat

### Hamsa Gayatri

Om paramahasaaya vidmahe mahaatattvaaya dhimahi  
Tanno hamsah prachodayaat

### Ganapati Gayatri

Om tatpurushaaya vidmahe hastimukhaaya dhimahi  
Tanno dantih prachodayaat

### Ganapati Gayatri

Om ekadantaaya vidmahe vakratundaaya dhimahi  
Tanno dantih prachodayaat

### Skanda Gayatri

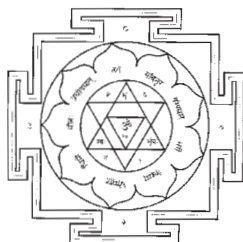
Om shanmukhaaya vidmahe mahaasenaaya dhimahi  
Tanno skandah prachodayaat

### **Tantrikaa Gayatri**

Om parameshvaraaya vidmahe paramatattvaaya dhimahi  
Tanno brahmaa prachodayaat

### **Brahma Gayatri**

Om vedaatmane vidmahe hiranyagarbhaaya dhimahi  
Tanno brahmaa prachodayaat



The glory of the name of God cannot be established through reasoning. It can certainly be experienced through faith, devotion and constant repetition. Have reverence and faith for the name. Every name is filled with countless powers. Just as fire has the natural property of burning things, so also the name of God has the power of burning the sins and desires. The name of God is your sole refuge. Take refuge in the name and cross this formidable ocean of birth and death.

—Swami Sivananda

## Ganesha Naama Sankirtan



### Ganesha Sharanam

Ganesha sharanam, sharanam ganesha  
Ganesha sharanam, sharanam ganesha

### He Vinaayaka

He vinaayaka, vighna naashaka  
Anaatha rakshaka aananda daayaka  
Umaa maheshvara he siva nandana

### Jaya Ganesha Paahimaam

Jaya ganesha, jaya ganesha, jaya ganesha paahimaam  
Sri ganesha, sri ganesha, sri ganesha rakshamaam

### Jaya Ganesha Deva

Jaya ganesha, jaya ganesha, jaya ganesha deva  
Maataa teri paarvati pitaa mahaadeva

### Gam Ganapataye Namō Namō

Gam ganapataye namo namo  
Siddhi vinaayaka namo namo  
Ashta vinaayaka namo namo  
Ganapati bappaa moryaa



## Selected Songs of Sivananda



### Song of Eighteen 'Ities'

Serenity, Regularity, Absence of Vanity,  
Sincerity, Simplicity, Veracity, Equanimity,  
Fixity, Non-Irritability, Adaptability, Humility,  
Tenacity, Integrity, Nobility, Magnanimity,  
Charity, Generosity, Purity.  
Practise daily these eighteen 'ities',  
You will soon attain immortality.

Brahman is the only real entity.  
Listen! Go and sow some good now and generosity,  
You will abide in eternity and infinity.  
You will behold unity in diversity.  
You cannot attain this in the university,  
Madras University, Harvard University,  
Or even Oxford University,  
But you can attain this in the Vedic University.

## Rama is Omnipresent

In earth, water, fire, air and ether is Rama,  
In the heart, mind, prana and senses is Rama,  
In the breath, blood, nerves and brain is Rama,  
In sentiment, thought, word and action is Rama.  
Within is Rama, without is Rama, in front is Rama,  
Above is Rama, below is Rama, behind is Rama,  
To the right is Rama, to the left is Rama,  
Everywhere is Rama.  
Rama, Rama, Rama, Rama, Rama, Rama.  
Refuge, solace, path, lord, witness is Rama.  
Father, mother, friend, relative, guru is Rama.  
Support, source, centre, ideal, God is Rama.  
Creator, preserver, destroyer, redeemer is Rama.  
Rama, Rama, Rama, Rama, Rama, Rama.  
The ultimate goal of one and all is Rama.  
Attainable through shraddha,  
Premā and worship is Rama.  
Accessible to devotion and surrender is Rama.  
Approachable by prayer, japa and kirtana is Rama.  
Hosanna to Rama, glory to Rama, victory to Rama.  
Adorations to Rama, salutations to Rama,  
Prostrations to Rama.  
Rama, Rama, Rama, Rama, Rama, Rama.  
Om Sri Rama, Jaya Rama, Jaya Jaya Rama

## Spiritual Ethics

Be bold, be pure, be wise, be virtuous.  
Be honest, be sincere, be truthful.  
Be patient, be tolerant, be obedient.  
Be simple, be humble, be noble, be gentle.  
Adapt, adjust, accommodate.  
Bear insult, bear injury; highest sadhana.

## Song of Sadhana

Purification, concentration, reflection, meditation,  
Illumination, identification, absorption, salvation.  
These are the eight steps in spiritual sadhana.  
Self-sacrifice, self-surrender, self-denial.  
These are the different ways to slay this egoism.  
Selflessness, self-restraint, self-purification,  
Self-analysis, self-introspection, self-examination,  
All these will lead to self-realization.

## Song of Immortality

Within you is the hidden God.  
Within you is the immortal soul.  
Kill this little 'I'. Die to live.  
Lead the Divine Life.  
Within you is the fountain of joy.  
Rest peacefully in your own atman.  
Drink the nectar of immortality.



Eat a little, drink a little,  
talk a little, sleep a little.  
Mix a little, move a little,  
serve a little, rest a little.  
Work a little, rest a little,  
study a little, worship a little.  
Do Asana a little, Pranayama a little,  
reflect a little, meditate a little.  
Do Japa a little, do Kirtan a little,  
write Mantra a little, have Satsang a little.

## Song of Avidity

*Just as the Song of Eighteen Ities indicates a set of positive virtues that a sadhaka should cultivate, this Song of Avidity indicates a set of evil traits that one should guard against. It also shows the method of overcoming them.*

Avidity, cupidity, stupidity,  
Audacity, turbidity, instability,  
Angularity, eccentricity, irritability.  
These are the obstacles to samadhi.  
These are the impurities of the mind.  
Avidity is covetousness or greed.  
Cupidity is lust or passion.  
Stupidity is delusion or infatuation.  
Audacity is arrogance or impertinence.  
Turbidity is confusion of mind.  
Instability is wandering of the mind.  
Angularity is a form of vanity.  
Eccentricity is slavery to whims and fancies.  
Irritability is anger in all its forms.  
Remove these impurities through the opposite virtues.  
Avidity through practice of generosity;  
Cupidity through practice of purity;  
Instability through trataka and pranayama,  
upasana and japa;  
Angularity through practice of humility;  
Eccentricity through practice of right conduct;  
Irritability through practice of patience, forbearance;  
You will enter into samadhi and attain kaivalya.



### Obstacles to God-Realization

Duality, Multiplicity, Plurality,  
 Individuality, Slave Mentality, Dadabadality,  
 Gadabadality, Dambhacharity, Asmitaity,  
 Ahamkarity, Raga-Dveshity, Abhiniveshity,  
 Sensuality, Sensitivity, Sentimentality,  
 Inactivity, Rotundity,  
 Are the obstacles to attain Divinity,  
 Universality, Cosmicality, Real Unity.  
 Debility, Morbidity, Anemiaty,  
 Pyorrheaty, Blood-Pressurity,  
 Myopiaty, Presbyopiaty, Amblyopiaty  
 Nyctalopiaty, Hemianopiaty, Doctor's  
 Mahafoolishnessity, Maha-Andhakaraity,  
 Are the obstacles to attain Divinity.  
 Atrocity, Curiosity, Cruelty,  
 Anxiety, Partiality, Timidity,  
 Duality, Individuality, Immorality,  
 Debility, Morbidity, Sensuality,  
 These are the obstacles to attain Divinity.

## Song of Instructions

Mohan bansivale tumko lakho pranama,  
Tumko lakho pranama.  
Shankara bholebhale tumko lakho pranama,  
Tumko lakho pranama pyare karodo pranama.  
Bhajo Radhe Govinda,  
Radhe Govinda bhajo Radhe Govinda.  
Radhe Govinda bhajo Sita Govinda.  
Hari bolo, bolo bhai Radhe Govinda,  
Hare Krishna Hare Rama Radhe Govinda.

Get up at 4 a.m. brahmamuhurta,  
Get up at 4 a.m. japo Rama Rama,  
Get up at 4 a.m. do Brahma vichara,  
Get up at 4 a.m. enquire 'Who am I?'  
Get up at 4 a.m. practise yogabhyasa.

Observe mauna daily for two hours,  
Fast on Ekadashi, take milk and fruits,  
Study daily one chapter of Gita,  
Do regular charity, one-tenth income,  
Rely on your own self, give up servants,  
Do kirtana at night, have satsanga,  
Speak the truth at all costs, preserve virya,  
Satyam vada, dharmam chara,  
observe brahmacharya,  
Ahimsa paramo dharma, love one and all,  
Never hurt others' feelings, be kind to all,  
Control anger by kshama, develop vishva prema.  
Keep daily spiritual diary, you will evolve quickly.

## Sacred OM

OM is the word of power.  
OM is the sacred monosyllable.  
OM is the mystic letter.  
OM is the immortal akshara.  
In OM the world rests.  
In OM we live and move.  
In OM we go to rest.  
In OM we find our quest.  
Sing OM rhythmically.  
Chant OM loudly.  
Roar OM forcibly.  
Repeat OM mentally.  
Draw strength from OM.  
Get inspiration from OM.  
Derive energy from OM.  
Imbibe bliss from OM.  
Glory to OM.  
Victory to OM.  
Hosanna to OM.  
Hail to OM.  
Adorations to OM.  
Salutations to OM.  
Prostrations to OM.  
Devotion to OM.  
Rely on OM.  
Reflect on OM.  
Concentrate on OM.  
Meditate on OM.  
OM! OM!! OM!!!



## Song of Govinda

Rama Krishna Govinda, Radhe Krishna Govinda  
Gopala Krishna Govinda, Krishna Krishna Govinda  
Govinda Govinda Govinda Govinda

Banke Bihari Govinda, Brija Bihari Govinda  
Shyama Bihari Govinda, Kunja Bihari Govinda  
Krishna Murari Govinda, Audha Bihari Govinda  
Govinda Govinda Govinda Govinda

Gam Ganapathi Govinda, Bam Mahadeva Govinda  
Klim Krishna Govinda, Ram RamaGovinda  
Ham Hanumantha Govinda

Aim Sarasvati Govinda, Dum Durga Govinda  
Krim Kali Govinda, Hrim Maya Govinda  
Srim Lakshmi Govinda

God is truth Govinda, God is bliss Govinda  
God is peace Govinda, God is knowledge Govinda  
God is love Govinda, God is light Govinda

Control the mind Govinda  
Control the senses Govinda  
Realize the Self Govinda  
This is the teaching Govinda  
Of all the Vedas Govinda  
Of all the scriptures Govinda  
Goal of life Govinda  
Is God-realization Govinda  
Never forget this Govinda

Attain this Govinda  
Through faith, devotion Govinda  
Through meditation Govinda  
Through shravan manan Govinda  
Through tapas yoga Govinda



Through mantra writing Govinda  
Through likhit japa Govinda  
Through selfless service Govinda  
Through viveka vichara Govinda

Practise ahimsa Govinda, speak the truth Govinda  
Control anger Govinda, through kshama Govinda  
Observe brahmacharya Govinda  
Observe mauna Govinda

Serve, love, give Govinda, serve the poor Govinda  
Serve the parents Govinda, nurse the sick Govinda  
Do charity Govinda

Be kind, be pure Govinda, be good, do good Govinda  
Be cheerful Govinda, be courageous Govinda  
Be tolerant Govinda

Be patient Govinda, be forgiving Govinda,  
Be liberal Govinda, be moderate Govinda,  
In eating, drinking Govinda, in sexual matters Govinda

In everything Govinda, be regular Govinda  
Get up at 4 a.m. Govinda, brahmamuhurta Govinda  
Enquire, Who am I? Govinda, do vichara Govinda  
This is very important Govinda  
To attain success Govinda

There is no pleasure Govinda  
In the sensual objects Govinda  
This is the world Govinda  
Of pain and death Govinda  
Do not be duped Govinda  
By the mind and senses Govinda

Do not study Govinda, Herbert Spencer Govinda  
This will make you Govinda, an atheist Govinda  
This will produce Govinda, wrong samskaras Govinda

Study daily Govinda, Gita Upanishads Govinda  
This will help you Govinda, to realize the Self Govinda

Do not smoke Govinda, do not drink Govinda  
Do not speak Govinda, vulgar words Govinda

Do not take bribes Govinda  
This is bad Govinda  
This is very bad Govinda  
This is very very bad Govinda  
It will spoil Govinda  
Your name, character Govinda  
This will throw you Govinda  
In a lower birth Govinda  
To have a bad name Govinda  
Is more than death Govinda  
It is very shameful Govinda  
It is disgraceful Govinda  
It is ignominious Govinda  
It is heaven-closing Govinda

Time is precious Govinda  
Do not waste a second Govinda, utilize it Govinda  
In japa, kirtana Govinda, in meditation Govinda

### **Shyaama Sundara Abto Ham Aashika**

Shyaama sundara abto ham  
aashika tumhaare bana gaye.  
Ham tumhaare bana gaye  
aaur tuma tumhaare bana gaye.  
Jaba ye dila duniyaa kaa thaa,  
Dushmana hajaaro ko jaane.  
Jaba ye dila tumko diyaa hai,  
Dilke pyaare bana gaye.

## Quintessence of Vedanta

Advaita, Akhanda, Akartaa, Abhoktaa,  
Asanga, Asakta, Nirguna, Nirlipta,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Avyakta, Ananta, Amrita, Aananda,  
Achara, Amana, Akshara, Avyaya,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Asabdha, Asparsa, Arupa, Agandha,  
Apraana, Amana, Atindriya, Adrisya,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Satyam, Sivam, Shubham, Sundaram, Kaantam,  
Sat-chit-aananda, Sampurna, Sukha, Shaantam,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Chetana, Chaitanya, Chidghana, Chinmaya,  
Chidaakaasha, Chinmaatra, Sanmaatra, Tanmaya,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Amala, Vimala, Nirmala, Achala,  
Avangamanogochara, Akshara, Nischala,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Nitya, Nirupaadhika, Niratisaya, Aananda,  
Niraakaara, Hrimkaara, Omkaara, Kutastha,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Purna Para Brahma, Prajnaana, Aananda,  
Saakshi, Drishtaa, Turiyaa, Vigyaana, Aananda,

Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Satyam, Gyaanam, Anantam, Aanandam,  
Sat-chit-aananda, Svayam-jyoti, Prakaasha,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Kaivalya, Kevala, Kutastha, Brahma,  
Shuddha, Siddha, Buddha, Sat-chit-aananda,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Nirdosha, Nirmala, Vimala, Niranjana,  
Nitya, Niraakaara, Nirguna, Nirvikalpa,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Aatmaa, Brahma-svarupa, Chaitanya, Purusha,  
Tejomaya-aananda, 'Tat Tvam Asi' Lakshya,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Soham, Sivoham, Aham Brahma Asmi,  
Shuddha Satchidaananda, Purna Para Brahma,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Om Soham, Sivoham, Aham Brahma Asmi,  
Sat-chit-aananda Svarupoham,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

Prajnaanam Brahma, Aham Brahma Asmi,  
Tat Tvam Asi, Ayam Aatma Brahma,  
Chidaanandarupa Sivoham Sivoham,  
Chidaanandarupa Sivoham Sivoham.

## Eka Sloki Ramayana

### 1. Bala Kanda

Rama Rama Jaya Raja Rama,  
Rama Rama Jaya Sita Rama.  
Sri Rama was born Jaya Jaya Rama,  
To destroy Ravana Sita Rama.  
Rama killed Jaya Jaya Rama,  
Thadaka Subahu Sita Rama.  
He delivered Ahalya Jaya Jaya Rama,  
And married Sita Sita Rama.

### 2. Ayodhya Kanda

Kaikeyi Devi Jaya Jaya Rama,  
Got boons from Dasharatha Sita Rama.

### 3. Aranya Kanda

Rama went Jaya Jaya Rama,  
To Dandaka forest Sita Rama.  
Ravana came there Jaya Jaya Rama,  
And took away Sita Sita Rama.

### 4. Kishkindha Kanda

Rama killed Vali Jaya Jaya Rama,  
And enthroned Sugriva Sita Rama.

### 5. Sundara Kanda

Hanuman crossed the sea Jaya Jaya Rama,  
And gave the ring to Sita Sita Rama  
He burnt Lanka Jaya Jaya Rama,  
And gave Rama chudamani Sita Rama.

### 6. Yuddha Kanda

Rama killed Jaya Jaya Rama,  
Kumbhakarna, Ravana Sita Rama.  
Lakshmana killed Jaya Jaya Rama,  
The mighty Meghanada Sita Rama.

Rama installed Jaya Jaya Rama,  
Vibhishana on the throne Sita Rama.  
Then all came back Jaya Jaya Rama,  
To Ayodhya city Sita Rama.  
Vasishtha installed Jaya Jaya Rama,  
Rama on the throne Sita Rama.  
He who reads Jaya Jaya Rama,  
Eka Sloki Ramayana Sita Rama,  
will attain son, wealth Jaya Jaya Rama,  
Bhakti, mukti Sita Rama.  
Rama Rama Jaya Raja Rama,  
Rama Rama Jaya Sita Rama.

### **Eka Sloki Bhagavata**

Shyama Shyama Jaya Jaya Jaya Shyama,  
Shyama Shyama Jaya Radheshyama.  
Krishna Krishna Jaya Jaya Jaya Shyama,  
Krishna Krishna Jaya Radheshyama.  
Om Namo Bhagavate Jaya Jaya Shyama,  
Vasudevaya Radheshyama.  
Lord Krishna was born Jaya Jaya Shyama,  
To destroy Kamsa Radhehyama.  
And all other asuras Jaya Jaya Shyama,  
And to establish dharma Radheshyama.  
He killed Putana Jaya Jaya Shyama,  
And Trinavarta, Vatsasura Radheshyama.  
He killed also Jaya Jaya Shyama,  
Bakasura, Aghasura Radheshyama.  
He lifted Govardhana Jaya Jaya Shyama,  
And did rasa lila Radheshyama.  
He killed Sankachuda Jaya Jaya Shyama,  
And Kesi and Vyoma Radheshyama.  
He made Kubja straight Jaya Jaya Shyama,

And killed Kuvalayapida Radheshyama.  
 He wrestled with Chanura Jaya Jaya Shyama,  
 And killed him too Radheshyama.  
 He killed Panchajanya Jaya Jaya Shyama,  
 And blessed Muchukunda Radheshyama.  
 He married Rukmini Jaya Jaya Shyama,  
 And Satyabhama, too Radheshyama.  
 He married also Jaya Jaya Shyama,  
 Kalindi, Mitravinda Radheshyama.  
 He killed Narakasura Jaya Jaya Shyama,  
 He cut Bana's arms Radheshyama.  
 He killed Sisupala Jaya Jaya Shyama,  
 Salva and Dantavakra Radheshyama.  
 He blessed Kuchela Jaya Jaya Shyama,  
 His old friend Radheshyama.  
 He instructed Uddhava Jaya Jaya Shyama,  
 In bhakti and gyana Radheshyama.  
 He said to Uddhava Jaya Jaya Shyama,  
 This world is unreal Radheshyama.  
 Look on all beings Jaya Jaya Shyama,  
 With equal vision Radheshyama.  
 Abandon egoism Jaya Jaya Shyama,  
 Control mind and senses Radheshyama.  
 Discharge your duties Jaya Jaya Shyama,  
 Meditate on the truth Radheshyama.  
 Fix your mind on Me Jaya Jaya Shyama,  
 Practise yama-niyama Radheshyama.  
 Serve the preceptor Jaya Jaya Shyama,  
 Free yourself from pride Radheshyama.  
 Don't find fault with any Jaya Jaya Shyama,  
 Be indifferent to wealth Radheshyama.  
 Feel that atma Jaya Jaya Shyama,  
 Is separate from the body Radheshyama.  
 See Brahman everywhere Jaya Jaya Shyama,

Remove dehadhyasa Radheshyama.  
 Do good to all Jaya Jaya Shyama,  
 Take refuge in Me Radheshyama.  
 Do japa, kirtana Jaya Jaya Shyama,  
 Meditate on Me Radheshyama.  
 He who studies Jaya Jaya Shyama,  
 Eka Sloki Bhagavata Radheshyama.  
 Will attain peace, wealth Jaya Jaya Shyama,  
 Bhakti, mukti Radheshyama.  
 Om Namo Bhagavate Jaya Jaya Shyama,  
 Vasudevaya Radheshyama.  
 Shyama Shyama Jaya Jaya Jaya Shyama,  
 Shyama Shyama Jaya Radheshyama.  
 Krishna Krishna Jaya Jaya Jaya Shyama,  
 Krishna Krishna Jaya Radheshyama.

### Vinaapaani Namostute

Vinaapaani namostute Jaya Vidyadevi namostute  
 Vishnupatni namostute Jaya Vidyaa Pradaayini . . .  
 Vishvavimohini namostute Jaya Vashaalaakshi . . .  
 Varapradaayini namostute Jaya Vishnumaaye . . .  
 Mahaalakshmi namostute Jaya Mahaakaali . . .  
 Mahaashakti namostute Jaya Mahaamaaye . . .  
 Durgaa Durgaa namostute Jaya Duritahaarini . . .  
 Chandi Chandi namostute Jaya Chaamundeshvari . . .  
 Raadhaa Rukmini namostute Jaya Sitaa Jaanaki . . .  
 Paarvati Gauri namostute Jaya  
 Umaamaheshvari . . .  
 Gangaaraani namostute Jaya Bhaagirathi namostute  
 Jahnukanyaa namostute Jaya Paapahaarini namostute  
 Dinoddhaarini namostute Jaya Dayaapareshvari . . .  
 Jaganmaate namostute Jaya Jagadambike . . .  
 Prakriti Vikriti namostute Jaya Patita Paavani . . .  
 Payodhikanye namostute Jaya Parameshvari . . .



## Song of Karma Yogin

Hari ke premi Hari Hari bolo,  
Avo pyare milkara gaao.  
Hari charanan me dhyana lagao,  
Dukha me sukha me Hari Hari bolo.  
Abhimana tyago seva karo,  
Narayana Narayana Narayana Narayana.  
Give up brahmin sannyasa abhimana,  
Give up male-female sex abhimana.  
Give up doctor, judge abhimana,  
Give up rajah, zamindar abhimana.  
Relinquish pandit, scientist abhimana,  
Crush this professor, engineer abhimana,  
Kill this collector, tahasildar abhimana,  
Kill this vairagya, seva abhimana,  
Kill this tyagi, kartrutva abhimana,  
Narayana Narayana . . .  
Remember always Hari Hari Hari,  
Sing always Sita-Rama, Radheshyama,  
See good in every face,  
Share what you have with others.  
Develop nicely adaptability,  
Serve always with Narayana bhava.  
Scrutinize always your inner motives  
Work without egoism,  
Cultivate the nimitta-bhava,  
Give up expectation of fruits.  
Surrender always fruits to the Lord,  
Have equal vision and balanced mind.  
Selfless work will purify your heart,  
Then you will get knowledge of the Self.  
Narayana Narayana . . .

## Guru Kirtan

|                      |                        |
|----------------------|------------------------|
| Guru Guru Japna      | Aura Saba Svapna       |
| Sat Nam Japna        | Vahi Guru Japna        |
| Sat Guru Nath        | Sri Guru Nath          |
| Jaya Guru Nath       | Om Guru Nath           |
| Adi Guru Nath        | Advaita Guru Nath      |
| Vyasa Guru Nath      | Vasishtha Guru Nath    |
| Datta Guru Nath      | Dattatreya Guru Nath   |
| Rama Guru Nath       | Krishna Guru Nath      |
| Rama Rama Guru Nath  | OM OM Guru Nath        |
| Ganesha Guru Nath    | Shanmukha Guru Nath    |
| Siva Guru Nath       | Shankara Guru Nath     |
| Jagad Guru Nath      | Loka Guru Nath         |
| Devi Guru Nath       | Durga Guru Nath        |
| Come come Guru Nath  | Initiate me Guru Nath  |
| Save me Guru Nath    | Enlighten me Guru Nath |
| I am thine Guru Nath | All is thine Guru Nath |
| Sad Guru Nath        | Sri Guru Nath          |
| Om Guru Nath         | Jaya Guru Nath         |
| Rama Guru Nath       | Krishna Guru Nath      |
| Adi Guru Nath        | Advaita Guru Nath      |

## Shakti Smaran

Jagajanani, Mahishaasuramardini,  
Anirvachani Durgaabhaavani,  
Avidyaanaashini, Bhraantivinaashini,  
Mokshadaayini, Mulakaarini,  
Mokshakaarini, Mangalakaarini,  
Bhavaani Shankari, Gauri Shankari,  
Umaa Shankari, Akhilaandeshvari,  
Raajeshvari, Tripurasundari.

## Jayati Sivaa Sivaa

Jayati Sivaa Sivaa Jaanaki Raama,  
Jaya Raghunandana Raadheshyaama.  
Avadhabihaari Sitaaraama,  
Kunjabihaari Raadheshyaama.  
Avadha Sarayu Sitaaraama,  
Kamala Vimala Mithilaa Dhaama.  
Kamala Vimala Mithilaa Dhaama,  
Gangaa Tulasi Shaaligraama.  
Dasharatha Nandana Sitaaraama,  
Adhama Uddhaaraka Raadheshyaama.  
Dhanusha Dhaari Sitaaraama,  
Muralidhaari Raadheshyaama.  
Jaya Raghunandana Sitaaraama,  
Jaya Yadunandana Raadheshyaama.  
Jaya Bhava Bhanjana Sitaaraama,  
Dvandani Khandana Raadheshyaama.  
Jaya Kharaari Raaghava Raama,  
Jayati Muraari Maadhava Shyaama.  
Jaya Dukha Naashaka Sitaaraama,  
Prema Prakaashaka Raadheshyaama.  
Bhava Nidhi Taarana Sitaaraama,  
Adhama Uddhaarana Raadheshyaama.  
Jaya Jaya Raghuvara Raajaaraama,  
Jaya Jaya Natavara Mohana Shyaama.



## Divya Jivana

Hare raama hare raama, raama raama hare hare  
Hare krishna hare krishna, krishna krishna hare hare.

Sevaa prema daana pavitrataa dhyana  
saakshaatkaara

Bhale bano bhalaa karo dayaalu bano

Sevaa bhakti dhyana dvaaraa saakshaatkaara paao  
Bhale bano bhalaa karo dayaalu bano

Abyaasa karo ahimsaa aura satya pavitrataa  
Yahi hai aadhaarashilaa yoga vedaanta kaa

Svayam ko puchho 'kauna hun mai' moksha  
praapta karo

Prashna karo nija aatmaa se 'kauna hun mai'

Sharira nahi yaha mana nahi mai shaashvata  
aatmaa hun

Buddhi nahi, indriya nahi mai shaashvata  
aatmaa hun

Isako jaano mukti paao kartavya hai yahi  
Isako jaano avilamba abhi aura yahi

Divya jivana yaapana karo kahate gurudeva  
Divyataa mei vaasa karo kahe sivananda





### Jaya Gauri

Gauri Gauri Gange Raajeshvari  
Gauri Gauri Gange Bhuvaneshvari  
Gauri Gauri Gange Maheshvari  
Gauri Gauri Gange Maateshvari  
Gauri Gauri Gange Mahaakaali  
Gauri Gauri Gange Mahaalakshmi  
Gauri Gauri Gange Paarvati  
Gauri Gauri Gange Sarasvati  
Jaya Mahaamaayaa Paraashakti  
Premasvarupini.



Digambara Jaya Digambara,  
Digambara Jaya Digambara,  
Digambara Jaya Digambara,  
Sripadavallabha Digambara,  
Atri Nandana Digambara,  
Anasuya Putra Digambara,  
Digambara Digambara,  
Digambara Digambara.

## Universal Prayer

O Adorable Lord of mercy and love!  
Salutations and prostrations unto Thee.  
Thou art Satchidananda.  
Thou art Omnipresent, Omnipotent and Omniscient.  
Thou art the Indweller of all beings.

Grant us an understanding heart,  
Equal vision, balanced mind,  
Faith, devotion and wisdom.  
Grant us inner spiritual strength  
To resist temptations and to control the mind.  
Free us from egoism, lust, greed, anger and hatred.  
Fill our hearts with divine virtues.

Let us behold Thee in all these names and forms.  
Let us serve Thee in all these names and forms.  
Let us ever remember Thee.  
Let us ever sing Thy glories.  
Let Thy name be ever on our lips.  
Let us abide in Thee for ever and ever.



## English Devotional Songs



### Song of Consecration

Take my life and let it be  
Consecrated, O Lord, to thee.  
Take my hands and let them move  
At the impulse of thy love.  
Take my moments and my days  
Let them flow in ceaseless praise.  
Take my feet and let them be  
Swift and beautiful for thee.  
Take my voice and let me sing  
Always only for my king.  
Take my lips and let them be  
Filled with messages for thee.  
Take my silver and my gold,  
Not a mite would I withhold.  
Take my intellect and use  
Every power as thou shalt choose.  
Take my will and make it thine,  
It shall be no longer mine.  
Take my heart, it is thine own,  
It shall be thy royal throne.  
Take my love, my Lord, I pour,  
At thy feet its treasures store.  
Take myself and I will be  
Ever, only, all for thee.

## Prayer

Make me a channel of your peace.  
Where there is hatred, let me bring your love.  
Where there is injury, your pardon Lord.  
And where there is doubt, have faith in you.  
Make me a channel of your peace.  
Where there is despair, let me bring hope.  
Where there is darkness, only light.  
And where there is sadness, ever joy.  
O Master, grant that I may never seek,  
So much to be consoled as to console,  
To be understood as much as understand,  
To be loved as to love with all my soul.  
Make me a channel of your peace.  
In pardoning we are pardoned Lord.  
In giving of ourselves that we receive  
In dying born to eternal life.

## I am Eternity

I am eternity, I am bliss divine,  
I am living in your home.  
When I abandon all my thoughts of life  
and surrender all to you,  
*I am eternity . . .*  
When I feel you in my mortal frame,  
in creation everywhere,  
*I am eternity . . .*  
When with faith I bow and worship you,  
and I know your strength and grace,  
*I am eternity . . .*  
And when I live my life just for the love of you,  
and with awareness call your name,  
*I am eternity . . .*



### **Let Your Love Flow**

I am the river, you are the sea,  
Let your love flow right through me.  
I am the river, you are the ocean,  
Come and fill me with devotion.  
I am the bird, you are the sky,  
Let your grace flow, as I fly.  
I am the earth, you are the sun,  
I am many, you are one.  
I am the darkness, you are the light,  
Send your wisdom into my night.

### **We are Sailing**

We are sailing, we are sailing,  
Across the ocean, across the sea.  
We are sailing, on stormy waters.  
To a land where we'll be free.  
We are flying, we are flying,  
Like birds, across the sky.  
We are flying, passing high clouds,  
To be with you, to be free.  
Can't you hear us? Can't you hear us,  
Through the dark night, far away.  
We are trying, forever trying,  
To be with you, to be free.  
We are sailing, we are sailing,  
Across the ocean, across the sea.  
We are sailing, on stormy waters,  
To a land where we'll be free.  
O Lord! To be near you, to be free.

### **Satyam's Door**

Knock, knock, knocking on Satyam's door.  
Knock, knock, knocking on Satyam's door.  
Take this self away from me,  
I can't use it any more.  
It's getting dark, too dark to see.  
Take me to the light of Satyam's door.

### **Take Me Away**

Take me away, won't you carry me,  
Let me rest in your arms for a while.  
Take me away, won't you carry me,  
Let me see the sweetness of your smile.  
Won't you take me away,  
Won't you take me away.

### **Namo Narayan Sri Swamiji**

Namo Narayan Sri Swamiji,  
Gurudeva Namō Namō.  
Namo Narayan Sri Swamiji,  
Gurudeva Namō Namō.  
You are my sunshine, my only sunshine.  
You make me happy when skies are grey.  
You'll never know dear how much we love you.  
So please don't take my sunshine away.

### **I am Missing You, O Krishna**

I am missing you, O Krishna,  
Where are you?  
Though I can't see you,  
I hear your flute all around.  
So come wipe my tears and make me smile.

### **Lord, Let Me See Your Face**

Lord, let me see your face  
In every face I see.  
Lord, let me feel your grace,  
Feel your grace in me.  
Lord, let me find a place  
Where you want me to be,  
And Lord, let me find a space  
That brings me nearer to thee.

### **Spirit I Love You**

Spirit I love you, how I adore you,  
I lay my life before you.

### **Body and Mind**

This body and mind are the servants  
Of the divine within me.  
Om Tat Sat.

### **Like a Full Force Gale**

Like a full force gale  
I was lifted by your grace  
Lifted up again Satyananda.

### **Song of Sannyasins**

Hari Om, have no home,  
Work nor food nor money, have I none.  
Still, I will be anandam.



### **Divine Mother**

Divine Mother, my Divine Mother.  
Engrossed is the beat of my heart  
At the blue lotus feet of my Divine Mother.

### **At the Feet of My Lord**

What need have I of that,  
What need have I of this,  
Dancing at the feet of my Lord,  
All is bliss, all is bliss, all is bliss.  
Om Namo Narayanaya,  
Om Namo Narayanaya.

The harmonious vibrations produced by singing the names of the Lord helps to control the mind easily. They produce a benign influence and elevate the mind from its old ruts to magnanimous heights of divine splendour and glory. If one does kirtan and bhajan from the bottom of one's heart, with full bhava and prem, even the trees, birds and animals will respond. Such is the power of bhajan and kirtan. It brings the devotee face to face with God

*—Swami Sivananda*

## Aarati

Om jaya jagadisha hare, svaami jaya jagadisha hare  
Bhakta janon ke sankata, daasa janon ke sankata,  
Kshana mei dura kare  
Om jaya jagadisha hare

1. Jo dhyaave phala paavai duhkha binase mana kaa,  
svaami duhkha binase mana kaa  
Sukha sampatti ghara aavai,  
Sukha sampatti ghara aavai, kashta mite tana kaa  
Om jaya jagadisha hare
2. Maata pitaa tuma mere sharana gahu kisaki,  
svaami sharana gahu kisaki  
Tuma bina aura na dujaa,  
Tuma bina aura na dujaa, aasa karun kisaki  
Om jaya jagadisha hare
3. Tuma purana paramaatmaa tuma antaryaami,  
svaami tuma antaryaami  
Paara brahma parameshvara,  
Paara brahma parameshvara, tuma sabake svaami  
Om jaya jagadisha hare
4. Tuma karunaa he saagara, tuma paalanakartaa,  
svaami tuma paalanakartaa  
Mai murakha khala kaami,  
Mai sevaka tuma svaami, kripaa karo bhartaa  
Om jaya jagadisha hare
5. Tuma ho eka agochara, sabake praanapati,  
svaami sabake praanapati  
Kisa vidha milun dayaamaya,  
Kisa vidha milun gusaai, tumako mai kumati  
Om jaya jagadisha hare

6. Dinabandhu dukhahartaa, tuma thaakura mere,  
svaami tuma thaakura mere  
Apane haatha barhaao,  
Apani sharana lagaao, dvaara paraa tere  
Om jaya jagadisha hare
7. Vishaya vikaara mitaao, paapa haro devaa,  
svaami paapa haro devaa  
Shraddhaa bhakti barhaao,  
Shraddhaa bhakti barhaao, santana ki sevaa  
Om jaya jagadisha hare
8. Om jaya jagadisha hare, svaami jaya jagadisha hare  
Bhakta janon ke sankata,  
Daasa janon ke sankata, kshana mei dura kare  
Om jaya jagadisha hare







## Shanti Path

Asato maa sadgamaya  
Tamaso maa jyotirgamaya  
Mrityormaa'mritam gamaya  
Sarveshaam svastirbhavatu  
Sarveshaam shaantirbhavatu  
Sarveshaam purnam bhavatu  
Sarveshaam mangalam bhavatu  
Lokaah samastaah sukhino bhavantu  
Om tryambakam yajamahe  
sugandhim pushtivardhanam  
Urvaarukamiva bandhanaat  
mrityormukshiya maamritaat  
Om shaantih shaantih shaantih.

*Hari om tatsat*





SATYANANDA YOGA  
BIHAR YOGA

This is a compilation of Hindi bhajans and kirtans sung and perfected by Swami Satyananda Saraswati. It is a very special offering to the many forms of the divine, including Guru, Ganesha, Devi, Shiva, Krishna and Rama.



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